Always read and follow User Instructions.

1. Adjust head cradle size as needed to fit comfortably on head. Place the respirator over the mouth and nose with one hand, then pull the head harness over the crown of the head with the other hand.

2. Grasp the bottom straps, place them at the back of the neck and hook them together.

3. Pull the ends of the straps to adjust the tightness, beginning with the adjustment points on the head cradle and then moving to the adjustment points at the back of the neck. Do not over-tighten. Strap tension may be decreased by pushing out on back side of buckles.

**Perform a User Seal Check**
Before assigning any respirator to be worn in a contaminated area, a qualitative or quantitative fit test must be performed per U.S. OSHA standard 29CFR 1910.134 or local requirements.

**Positive Pressure User Seal Check**
Place the palm of your hand over the exhalation valve cover and exhale gently. The facepiece should bulge slightly. If air leaks between the face and the faceseal, reposition the respirator and/or adjust the straps for a more secure seal.*

**Negative Pressure User Seal Check**
Using Particulate Filters
Place your thumbs on the center portion of the filters, restricting airflow through the filters, and inhale gently. The facepiece should collapse slightly closer to your face. If air leaks between the face and the faceseal, reposition the respirator and/or adjust the straps for a more secure seal.*

Using Cartridges
Place the palms of your hands over the cartridges and inhale gently. The facepiece should collapse slightly closer to your face. If air leaks between the face and the faceseal, reposition it and adjust the straps for a tighter seal.*

Using Hard Case Particulate Filters
Squeeze filter covers with hands toward facepiece to restrict airflow. Be careful not to disturb the position of the respirator. Inhale gently. The facepiece should collapse slightly. If air leaks between the face and the faceseal, reposition it and adjust the straps for a tighter seal.*

*If you cannot achieve a proper seal, do not enter contaminated area. See your supervisor.

**WARNING**
These respirators help protect against certain airborne contaminants. Before use, the wearer must read and understand the User Instructions provided as a part of the product packaging. A written respiratory protection program must be implemented meeting all the requirements of OSHA 1910.134 including training, fit testing and medical evaluation. In Canada, CSA standards 294.4 requirements must be met and/or requirements of the applicable jurisdiction, as appropriate. Misuse may result in sickness or death. For correct use, see supervisor and User Instructions, or call 3M PSD Technical Service in USA at 1-800-243-4630 and in Canada at 1-800-267-4414.

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