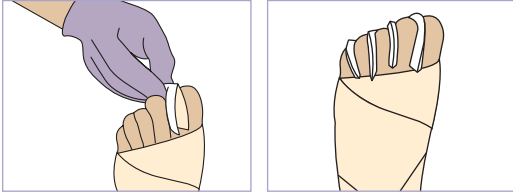


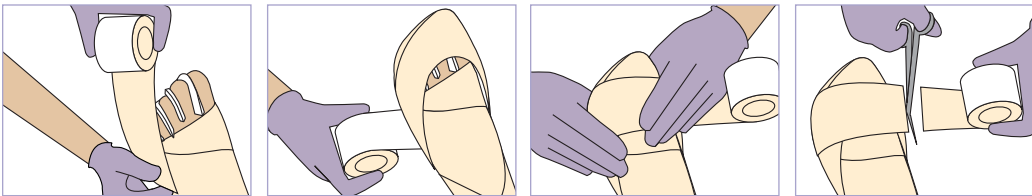
3M™ Coban™ 2 Layer Compression System

Toe Boot Application

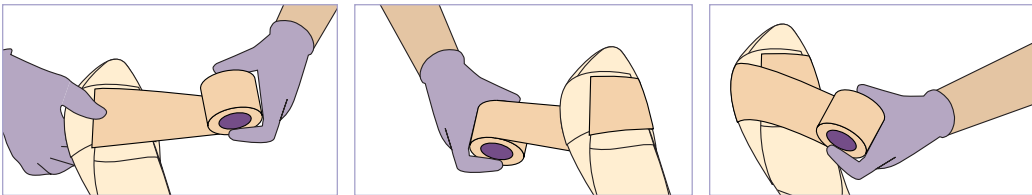


Step 1: Fill each web space with pieces of double-folded comfort foam layer, foam side out and trimmed to shape.

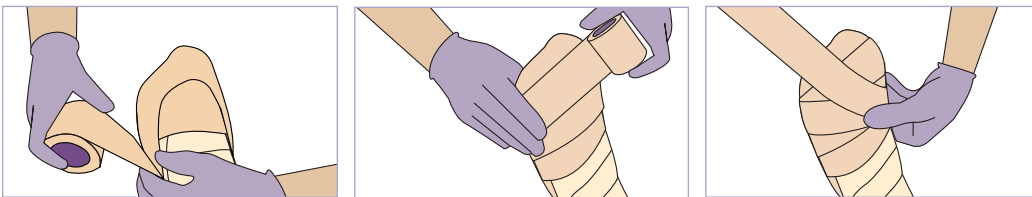
- Apply Layer 1— Comfort Foam Layer prior to Toe Boot Application.
- Use 2 inch 3M™ Coban™ 2 Layer Compression System for Toe Boot Application.



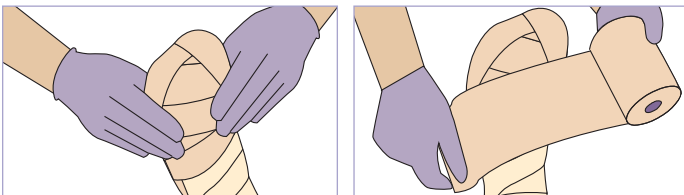
Step 2: With a 2 inch comfort foam layer, make a circular winding without tension around the toes and the heel with the overlap over the fifth toe. Bring the roll across to cover the open areas over and under the toes. Conform and mold. End roll on top of the foot.



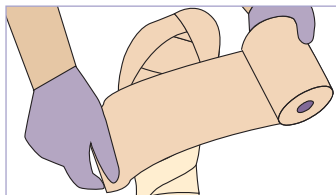
Step 3: Using a 2 inch compression layer roll without tension, apply a circular winding around the base of the toes to secure comfort layer.



Step 4: Continue winding around the heel and toes. Mold to conform. Cover the dorsal area with compression layer applied at full stretch in a fan fold technique with semi-circular windings. Enclose the toes using the Stretch-Press/Mold-Relax Technique.



Step 5: Mold the application to the anatomy of the forefoot.



Step 6: After toe wrapping, continue with the compression layer for the leg.

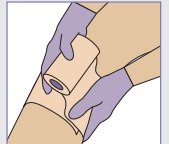
Stretch-Press/Mold-Relax Technique

Apply the compression layer at full stretch with “relax-breaks” where, after each semi-circular winding, that piece is molded to the underlying layer.

Step 1: Make first circumferential winding with relaxed tension.



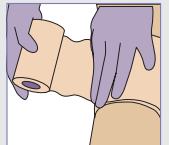
Step 2: With one hand, press and hold to underlying layer. Relax tension.



Step 3: Apply the next semi-circular winding at full stretch.



Step 4: Press and hold to underlying layer and mold to the anatomy. Relax tension. Repeat Steps 3–4.



Bandage Removal

Dipping the scissor tips into body lotion allows for comfortable and easy bandage removal.

