3M™ Push-to-Fit Earplugs

Push-to-Fit Convenience

Comfortable & Clean Protection

Simply press push-to-fit earplugs into place — there is no roll-down required for a clean and comfortable fit. The soft foam tips on 3M’s push-to-fit earplugs quickly conform to the shape of the earcanal, to help create a noise-reducing seal. Since there is no need to roll these earplugs down before use, wearing them prompts cleaner insertion. Push-to-fit products provide in-ear comfort and convenience, with the protection you expect from 3M.

Leading the Advancement of Hearing Conservation™
3M™ Push-to-Fit Earplugs offer
Comfort and Protection in Hygienic, No Roll-Down Designs

Specially Formulated Foams
3M™ E-A-R™ Push-ins™ Earplugs are made of patented, innovative 3M™ E-A-Rform™ Foam. Engineered for all-day comfort and protection, this foam conforms to the shape of the ear canal, helping to create a noise-reducing seal.

Other 3M push-to-fit earplugs are made of an advanced foam formulation that adjusts to create a custom seal in the ear canal. Push-to-fit earplugs are easy to insert, comfortable for extended wear, and help provide the hearing protection you can expect from the brand you trust.

3M™ E-A-Rfit™ Validation System
Take steps to verify the performance of your hearing protectors by using the E-A-Rfit validation system.

Developed by researchers at E-A-RCal Laboratory, our fit testing system provides quantitative data which helps you determine the earplugs that will provide the best noise reduction in workplace situations and environments. It also helps enhance worker training by reinforcing proper fitting and use of hearing protection. The system includes free online training and user support, so workers get the guidance they need to help protect themselves from noise-induced hearing loss (NIHL).

Variety of Grips for Easy, Clean Insertion
Hearing protection shouldn’t be a hassle. The no roll-down designs of push-to-fit earplugs feature unique handles and grips that help to simplify hearing protection and promote regulation compliance. There’s no need to roll down the earplug, so fitting is quick and there’s a reduced chance of getting grit and grime in the ear canal.
3M™ Push-to-Fit Earplugs—A Variety of Choices

3M™ E-A-R™ Earplugs Made with 3M™ E-A-Rform™ Foam:

**Push-Ins™ Earplugs**
- Easy insertion for no roll-down, clean protection • NRR 28 dB*
- Compatible with 3M™ E-A-Rfit™ Validation System

**Push-Ins™ Earplugs with Grip Rings**
- Molded foam grip rings for a comfortable, secure fit • NRR 30 dB*
- E-A-Rform foam provides excellent in-ear comfort and hearing protection

**Push-Ins™ SofTouch™ Earplugs**
- Pistol-grip stems provide fingertip control for easy insertion • NRR 31 dB*
- Tapered-cone shape and smooth, soft foam provide in-ear comfort and protection

3M™ Earplugs Made with Our Advanced Foam Formulation:

**EXPRESS™ Earplugs**
- Quick and easy insertion with paddle-style stems • NRR 25 dB*
- The original push-to-fit earplug • Compatible with the E-A-Rfit validation system

**Skull Screws™ Earplugs**
- Tough hearing protection with a no roll-down design for quick and easy fitting • NRR 30 dB*
- Soft foam tips feature one-of-a-kind Skull Screws "threads" designed to create a stay-put seal in the earcanal
- Advanced foam formulation provides excellent in-ear comfort • Get compliance into their heads!

**No-Touch™ Earplugs**
- No roll-down design helps keep earplugs clean even when your hands are dirty • NRR 29 dB*
- Soft foam, a smooth tapered shape, and paddle stems help create a noise-reducing seal in the earcanal

**Pistonz™ Earplugs**
- NASCAR® Officially Licensed Hearing Protection • NRR 29 dB*
- Soft foam tips with a metallic design conform to the shape of the earcanal to help provide a comfortable fit
- Biaxially stiff stems allow for easy fitting into the earcanal, yet flex sideways if impacted during wear
- Get your hearing conservation program running on all cylinders!

All push-to-fit earplugs are available corded and uncorded.
### 3M™ Push-to-Fit Earplugs

- **E-A-R™ Push-Ins™ Earplugs**
- **E-A-R™ Push-Ins™ Earplugs with Grip Rings**
- **E-A-R™ Push-Ins™ SofTouch™ Earplugs**
- **E-A-R™ EXPRESS™ Earplugs**
- **Skull Screws™ Earplugs**
- **No-Touch™ Earplugs**
- **Pistonz™ Earplugs**

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**Leading the Advancement of Hearing Conservation™**

For More Information in the United States, Contact:

Technical Assistance: 1-800-243-4630
Customer Care Center: 1-800-328-1667
3M.com/OccSafety

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3M Center, Building 235-2W-70
St. Paul, MN 55144-1000

**WARNING!**
These hearing protectors help reduce exposure to hazardous noise and other loud sounds. Misuse or failure to wear hearing protectors at all times that you are exposed to noise may result in hearing loss or injury. For proper use, see supervisor, User Instructions, or call 3M in U.S.A. at 1-800-243-4630. In Canada, call Technical Service at 1-800-267-4414. If there is any drainage from your ear or you have an ear infection, consult with your physician before wearing earplugs. Failure to do so may result in hearing loss or injury.

* NRR Footnote: Research suggests that many users will receive less noise reduction than indicated by the NRR due to variation in earplug fit and wearing time. It is recommended that the NRR be reduced by 50% for estimating the average amount of noise reduction provided.