Application Instructions

Prepare the skin.
Application sites must be clean, dry and free of any body lotions. Cleaning with isopropyl alcohol should be avoided or limited to situations in which electrode adhesion is an issue (excessively oily or lotion covered skin). If alcohol is used, allow it to dry prior to electrode application. Excessive hair at the site should be removed by clipping.

Apply the electrodes.
Remove the electrodes from the sealed package. Separate and straighten the leadwires. Remove the first electrode from the liner. Place the electrode on the patient and use gentle pressure to ensure contact of the entire electrode surface to the skin. Repeat for each electrode.

Connect the leadwires to the cable yoke.
Remove a DIN plug from the disposable holder and plug it into the corresponding color on the cable yoke. Repeat for each DIN plug.

See Removal instructions on back.
Removal Instructions

Loosen one side of the electrode. Grasping the full width of the electrode, slowly and gently pull it back over itself.

Electrodes should be removed in the direction of hair growth whenever possible. Keep the electrode close to the skin surface as you pull it back, and support the skin immediately adjacent to the adhesive being removed.

To remove the DIN plug from the cable yoke, grasp the plug firmly and pull. Repeat for each DIN plug.

DO NOT remove the DIN plugs from the cable by pulling on the wires.

All 3M Red Dot Monitoring Electrodes are backed with a guarantee that’s “Good as Gold.” If, for any reason, you are dissatisfied with 3M Red Dot Monitoring Electrodes, we will replace the unexpired/unused product or, if you prefer, refund the purchase price.