Select shade using the VITAPAN® classical shade guide and the 3M™ ESPE™ Filtek™ Supreme Ultra Universal Restorative Shade Selector Wheel.

- Prepare the tooth and isolate.

Apply liner/base if desired:

- Mix 3M™ ESPE™ Vitrebond™ or 3M™ ESPE™ Vitrebond™ Plus.
- Apply a thin layer of the liner/base to dentin surfaces.
- Light-cure.

Bonding procedure:

- Follow the bonding procedure provided in the instructions for use of the adhesive system of choice.

Place composite – proximal box:

- To ensure good adaptation, place chosen Body shade of Filtek Supreme Ultra Restorative in a 1mm increment in the proximal box and on the floor of the cavity.
- Light cure.
Filtek™ Supreme Ultra
Ultra Universal Restorative

All halogen and LED lights (with output 400-1000 mW/cm²)

<table>
<thead>
<tr>
<th>Shades</th>
<th>Increment</th>
<th>Cure time</th>
</tr>
</thead>
<tbody>
<tr>
<td>Body, Enamel, Translucent</td>
<td>2.0 mm</td>
<td>20 sec.</td>
</tr>
<tr>
<td>Dentin, A6B and B5B</td>
<td>1.5 mm</td>
<td>40 sec.</td>
</tr>
</tbody>
</table>

Elipar™ LED Curing Lights (with output 1000-2000 mW/cm²)

<table>
<thead>
<tr>
<th>Shades</th>
<th>Increment</th>
<th>Cure time</th>
</tr>
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<tr>
<td>Body, Enamel, Translucent</td>
<td>2.0 mm</td>
<td>10 sec.</td>
</tr>
<tr>
<td>Dentin, A6B and B5B</td>
<td>1.5 mm</td>
<td>20 sec.</td>
</tr>
</tbody>
</table>

Place composite:

- Continue placing chosen Body shade of Filtek Supreme Ultra restorative in increments.
- Use remaining coronal tooth structure as a guide for placement and adaptation.

Overfill slightly.
- Light cure.
Filtek™ Supreme Ultra
Ultra Universal Restorative

Finish and Polish:
- Finish occlusal surface using an appropriate finishing instrument.

Occlusion:
- Check lateral and centric occlusion.
- Adjust as necessary.