

**3M™ Just For Kids™  
0.4% Stannous Fluoride  
Preventive Treatment Gel**

<b>Drug Facts</b>	
<b>Active ingredient</b> Stannous fluoride 0.4% (0.12% w/v fluoride ion) . . . . .	<b>Purpose</b> Anticavity
<b>Use</b> aids in the prevention of dental decay	
<b>Warnings</b> <b>Keep out of reach of children.</b> If more than used for brushing is accidentally swallowed, seek medical attention or contact a Poison Control Center right away.	
<ul style="list-style-type: none"> <li>• this product may produce surface staining of the teeth</li> <li>• adequate toothbrushing may prevent staining</li> <li>• staining is not harmful or permanent and may be removed by your dental professional</li> </ul>	
<b>Directions</b>	
adults and children 6 years of age and older:	<ul style="list-style-type: none"> <li>• use a pea-sized (.25g) dose once a day after brushing your teeth with a toothpaste</li> <li>• apply the gel to your teeth and brush thoroughly</li> <li>• allow the gel to remain on your teeth for 1 minute and then spit out</li> <li>• do not swallow the gel</li> <li>• do not eat or drink for 30 minutes after brushing</li> <li>• instruct children under 12 years of age in the use of this product (to minimize swallowing)</li> <li>• supervise children as necessary until capable of using without supervision</li> </ul>
children under 6 years of age:	<ul style="list-style-type: none"> <li>• consult a dentist or doctor</li> </ul>
<b>Other information</b>	
<ul style="list-style-type: none"> <li>• this is a fluoride preventive treatment gel, not a toothpaste</li> <li>• read directions carefully before use</li> <li>• do not freeze or expose to extreme heat</li> <li>• do not use if tamper evident seal on top of box is broken or removed</li> </ul>	
<b>Inactive ingredients</b> Ascorbic acid, carbomer, citric acid, flavor, glycerin, triethanolamine	
<b>Questions or comments?</b> 1-800-634-2249	

[www.3M.com/PreventiveCare](http://www.3M.com/PreventiveCare)



3M Oral Care  
2510 Conway Avenue  
St. Paul, MN 55144-1000 USA

Phone 1-800-634-2249  
Web 3M.com/dental

3M Canada  
Post Office Box 5757  
London, Ontario N6A 4T1  
Canada  
Phone 1-888-363-3685

3M, ESPE and Just For Kids are trademarks of 3M or 3M Deutschland GmbH. Used under license in Canada. Printed in USA. © 3M 2019. All rights reserved. 70-2013-0007-9 (Rev. 11/19)

**3M** Science.  
Applied to Life.™



**Big  
protection  
for little  
people**



**3M™ Just For Kids™  
0.4% Stannous  
Fluoride  
Preventive  
Treatment Gel**

# For kids who need extra protection from cavities

3M™ Just For Kids™ 0.4% Stannous Fluoride Preventive Treatment Gel provides extra protection for children who have a history of cavities, as well as those living in areas with less than optimal fluoride levels in their drinking water. It's been proven that 0.4% stannous fluoride is very effective in the fight against decay! Just For Kids gel is available in two great-tasting flavors: Bubble Gum and Grapey Grape. Your children will actually look forward to brushing their teeth. Now that's a concept any parent can appreciate!



## Your exam has revealed the following:

### Key:

1. Cavities
2. Plaque buildup
3. Bleeding gums
4. Decalcification
5. Gum inflammation

### Comments:

---



---



---



---



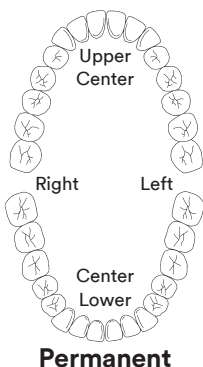
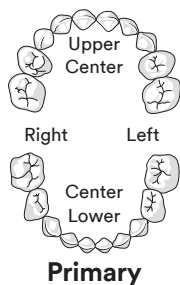
---



---



---



# Tips/guidelines to establish proper brushing, rinsing and flossing techniques

- You are the most important factor in guiding your children to the lifelong habit of proper oral hygiene.
- Your children's brushing and rinsing should be supervised by you until they develop the dexterity to properly handle the routine, around 6 years of age.
- Start your children's regular dental visits soon after their first tooth appears. It is important for their oral health to maintain a minimum of two visits per year.
- Supervise your children's brushing and rinsing at least twice daily: after breakfast and prior to bed.
- Once a day, floss between any of your children's teeth that come in contact with adjacent teeth. Continue flossing your children's teeth until they are able to effectively floss themselves.
- Toothpaste, rinses and gels like Just For Kids gel should not be swallowed by your child. Teach your children how to expectorate (spit) any residue remaining in their mouth. If necessary, use gauze or a washcloth to remove any excess they are unable to expel.
- Use only a "pea-sized" (.25g) amount of any toothpaste or gel for your children. Seek advice from your dental professional regarding use for children under 6 years old.
- Use a child-sized soft-bristled toothbrush only. Use small circular brush strokes when brushing your children's teeth. Thoroughly rinse the toothbrush after each use. The toothbrush can harbor microorganisms which can infect your children. Never let your family members share toothbrushes. Discard and replace your child's toothbrush regularly.
- Have your primary drinking water tested for fluoride content. Your dental professional will use this information to advise if you need fluoride supplements in the form of drops or tablets for your children.
- Dental sealants can be very effective in preventing tooth decay. Ask your dental professional about this procedure.
- Infants should not nap or sleep at night with a bottle. Also, eliminate snacks containing sugar prior to naps and bedtime.