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# Fitting Instructions for 3M<sup>™</sup> Drop Down Half Facepiece Respirators

Issue Date 01/01/04

## Wearing your drop down half facepiece respirator



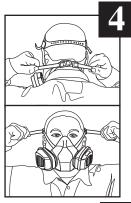
Adjust head cradle size as needed to fit comfortably on head. Place the head cradle on the crown of your head.



While holding the bottom straps with one hand, slide the facepiece up onto your face.



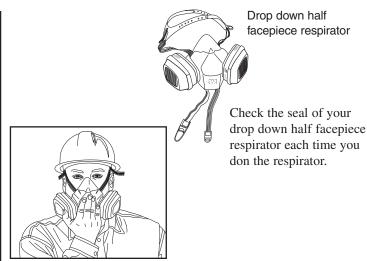
Hook the bottom straps together behind your neck.



Adjust strap tension by pulling strap ends to achieve a secure fit. Balance strap tension by adjusting at top and bottom strap buckles. Do not over tighten.



Strap tension may be decreased by pushing out on back side of buckles.



### **Positive Pressure User Seal Check**

Place the palm of your hand over the exhalation valve cover and *exhale* gently. The facepiece should bulge slightly. If air leaks between the face and the faceseal of the respirator, reposition it and adjust the straps for a more secure seal. If you cannot achieve a proper seal, **do not** enter the contaminated area. See your supervisor.



**Negative Pressure User Seal Check** 

Using Particulate Filters
Place your thumbs over
the center of the filters and
inhale gently. The facepiece
should collapse slightly. If air
leaks between the face and the
faceseal of the respirator,
reposition it and adjust the straps
for a more secure seal. If you
cannot achieve a proper seal,
do not enter the contaminated
area. See your supervisor.



2b Using Cartridges
Place the palms of your
hands over the cartridges and
inhale gently. The facepiece
should collapse slightly. If air
leaks between the face and the
faceseal of the respirator,
reposition it and adjust the straps
for a more secure seal. If you
cannot achieve a proper seal, do
not enter the contaminated area.
See your supervisor.



### A WARNING:

- Breathing certain dusts, mists, fumes, gases or vapors can cause sickness or death.
- This respirator can help protect you against these certain contaminants when used properly and worn during all times of exposure.
- If you cannot achieve a proper fit, do not enter the contaminated area. See your supervisor.
- Misuse can result in sickness or death. For proper use, see package, your supervisor, or call 3M: 1-800-243-4630 Internet: www.3M.com/occsafety (In Canada, call 3M: 1-800-267-4414).
- OSHA standard 1910.134 and the CSA standard Z94.4 requires that the wearer be fit tested.
- Do not use with beards or other facial hair or other conditions that prevent a good seal between the face and the faceseal of the respirator.

For more information, please contact:

# 3M Occupational Health and Environmental Safety Division (OH&ESD)

#### In the U.S., contact:

**Sales Assistance** 1-800-896-4223

**Technical Assistance** 

1-800-243-4630

Fax On Demand

1-800-646-1655

Internet

http://www.3M.com/occsafety

For other 3M products

1-800-3M HELPS

#### In Canada, contact:

3M Canada Company, OH&ESD P.O. Box 5757

London, Ontario N6A 4T1

**Sales Assistance** 

1-800-265-1840, ext. 6137

Technical Assistance (Canada only)

1-800-267-4414

Fax On Demand

1-800-646-1655

Internet

http://www.3M.com/CA/occsafety

**Technical Assistance In Mexico** 

01-800-712-0646

5270-2255, 5270-2119 (Mexico City only)

Technical Assistance In Brazil 0800-132333

**Fax On Demand O.U.S. Locations** 1-651-732-6530