3M™ Tegaderm™ High Performance
Foam Adhesive Dressing

Application and Removal Pocket Guide
Cleanse the Wound

Cleanse wound and periwound skin according to your institution’s protocol. Dry the area around the wound with dry gauze.

Assess the Wound

Observe the wound for signs of infection. If infection occurs, see a health care professional. Tegaderm™ foam dressing may be used on infected wounds only under the care of a health care professional.

Remove soiled gloves and wash or sanitize hands. Apply clean gloves.

Prior to Application:

Follow Universal Precautions and facility guidelines for infection control.
Wash or sanitize hands, set up a clean field with supplies, apply gloves.
Cleanse the Wound
Assess the Wound

Note: Do not use the dressing in combination with oxidizing agents such as hydrogen peroxide or hypochlorite solution. These solutions may affect the structure and performance of the polyurethane foam.

Supplies You May Need:
- Gloves
- Saline or irrigation solution
- Gauze pads
- Clean towels or underpads to protect patient and surfaces
- 3M™ Tegaderm™ High Performance Foam Adhesive Dressing—select a dressing size to allow for 2.5 cm (1 inch) of foam to extend beyond the wound edge
- 3M™ Cavilon™ No Sting Barrier Film
- Appropriate protective wear:
  - Mask
  - Eyewear
  - Protective gown

Note: If periwound skin is fragile or exposure to wound exudate is likely, apply a barrier film, such as Cavilon No Sting Barrier Film. Let dry.
Dressing Application

1. Hold the dressing by one of the side tabs and remove the printed liner to expose the adhesive border.

3. Gently press the adhesive film border to the skin. Note: Avoid stretching the dressing or the skin during application.

Heel/Contour Surface Application (Catalog No. 90619 Heel/Elbow)

1. Hold the dressing by one of the side tabs and remove the printed liner, exposing the adhesive border.
While holding the tabs, position the dressing over the wound and apply.

Beginning at the center of the dressing, grasp one section of the paper carrier and pull toward the outer edge of the dressing while gently pressing down the film border. Repeat this for each of the remaining carrier sections until all paper carrier is removed.

While stabilizing the leg or surrounding skin with one hand, position the dressing over the wound.

continued on next page
3. With one hand, press or “cup” the dressing onto the skin.

5. Beginning at the center of the dressing, grasp one section of the paper carrier and pull toward the outer edge of the dressing. Repeat this for each of the remaining carrier sections until all paper carrier is removed.

Removal Technique

1. Gently lift the adhesive film border while pressing down on the skin.
Firmly press and conform the adhesive border to the skin.

Continue to press and conform the dressing and adhesive border onto the skin.

If there is difficulty lifting the film border, apply tape to the edge of the dressing and use the tape to lift.
Custom Application Using Mini Wrap

1

Hold the dressing by the side tab and remove the printed liner, exposing the adhesive border.

3

Gently press the adhesive border tabs to the skin, overlapping the tabs to conform to contours. Avoid stretching the adhesive tabs or skin during application.

Removal Technique — Mini Wrap

1

Gently lift the adhesive film border while pressing down on the skin.
If there is difficulty lifting the film border, apply tape to the edge of the dressing and use the tape to lift.

Grasp the paper tab on the top of the dressing and position the dressing over the wound.

Remove the paper tab.

Firmly press and conform the adhesive border to the skin.
Select dressings to adequately cover wounds. Apply the first dressing per steps 1–4 in Dressing Application.

**Disclaimer:**
HCPCS codes have been provided to assist you in the preparation of Medicare Part B claims. Please note, however, that the reimbursement information provided by 3M Health Care and its representatives is intended to provide general information relevant to coverage and coding for 3M products. Insurers’ reimbursement policies can vary and the use of the codes discussed here does not guarantee that an insurer will cover or pay at any particular level. Health care providers should exercise independent clinical judgment in choosing the codes which most accurately describe the products provided.

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### Ordering Information: 3M™ Tegaderm™ High Performance Foam Adhesive Dressing

<table>
<thead>
<tr>
<th>Product code</th>
<th>NHRIC/NDC number</th>
<th>Overall dressing size</th>
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<tbody>
<tr>
<td>90610 square</td>
<td>8333-9061-00</td>
<td>3½ in. x 3½ in.</td>
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<tr>
<td>90611 small oval</td>
<td>8333-9061-10</td>
<td>4 in. x 4½ in.</td>
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<tr>
<td>90612 square</td>
<td>8333-9061-20</td>
<td>5¼ in. x 5¼ in.</td>
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<tr>
<td>90613 medium oval</td>
<td>8333-9061-30</td>
<td>5½ in. x 6½ in.</td>
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<tr>
<td>90614 mini oval</td>
<td>8333-9061-40</td>
<td>2¾ in. x 3 in.</td>
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<td>90616 large oval</td>
<td>8333-9061-60</td>
<td>7½ in. x 8½ in.</td>
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<td>90619 heel/elbow design</td>
<td>8333-9061-90</td>
<td>5½ in. x 5½ in.</td>
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<tr>
<td>90615* mini wrap</td>
<td>8333-9061-50</td>
<td>2¾ in. x 2¼ in.</td>
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*The mini wrap dressing is constructed of a conformable, absorbent, polyurethane foam pad with a highly breathable, non-waterproof, film backing reinforced with soft cloth tape.

**HCPCS codes as referenced in the Local Coverage Determination Surgical Dressing Policy.
Overlap second dressing as needed to cover remaining wounds.

This method will avoid cutting.

To learn more about Tegaderm™ High Performance Foam Adhesive products, visit us at www.3M.com/TegFoam-App. For more information about the Skin & Wound Care family of products, visit us at www.3M.com/Tegaderm, contact your 3M Skin & Wound Care representative or call the 3M Health Care Customer Helpline at 1-800-228-3957. Outside of the United States, contact the local 3M subsidiary.

<table>
<thead>
<tr>
<th>Absorbent pad size</th>
<th>Dressings/Box</th>
<th>Boxes/Case</th>
<th>HCPCS code**</th>
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<tbody>
<tr>
<td>2 in. x 2 in. 5 cm x 5 cm</td>
<td>10</td>
<td>4</td>
<td>A6212</td>
</tr>
<tr>
<td>2½ in. x 3 in. 6 cm x 7,6 cm</td>
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<td>4</td>
<td>A6212</td>
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<tr>
<td>4 in. x 4 in. 10 cm x 10 cm</td>
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<td>4</td>
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<tr>
<td>4 in. x 4½ in. 10 cm x 11 cm</td>
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<td>6</td>
<td>A6212</td>
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<tr>
<td>1¼ in. x 1½ in. 3,1 cm x 3,8 cm</td>
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<td>A6212</td>
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<tr>
<td>1 in. round 2,5 cm x 2,5 cm</td>
<td>10</td>
<td>4</td>
<td>A6212</td>
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Considerations

• Observe the dressing frequently. As the dressing absorbs, exudate will wick to the top of the dressing and discoloration may be noticeable. When the exudate spreads to the edges of the dressing or the dressing begins to leak, a dressing change is indicated.

• 3M™ Tegaderm™ High Performance Foam Adhesive Dressing may be used as an absorbent cover dressing over wound fillers such as alginates or gauze packing.

• Dressing change frequency will depend on the type of wound, volume of exudate and clinical situation. Change at least every seven days or as indicated per treatment protocol.

• You may cut the dressing as needed to fit the size of the wound or accommodate wound contours. Seal the cut edge with 3M™ Tegaderm™ Transparent Dressing to provide waterproof barrier.