

Patient guide for 3M™ V.A.C.® Therapy with 3M™ V.A.C.® Peel and Place Dressing

Your doctor has prescribed the most-studied negative pressure wound therapy in the world, 3M™ V.A.C.® Therapy.

V.A.C.® Therapy is a medical device system that creates an environment that promotes wound healing by delivering negative pressure (a vacuum) to the wound through a proprietary dressing and therapy unit.



V.A.C.® Therapy works to help the wound healing process by:



Providing a moist wound-healing environment



Removing wound fluids and infectious materials



Facilitating blood flow and oxygen into the wound



Stimulating cellular activity and encouraging new tissue growth



Reducing the frequency of dressing changes



Your doctor has selected 3M™ V.A.C.® Peel and Place Dressing which can be worn for up to seven days¹.

This dressing has multiple features designed to be kind and gentle to the skin, promote wound healing and minimize pain upon dressing removal.

¹ SAT-BSER-05-869347 VAC Peel and Place (Ganymede) BSER. 510(k) K222859.

Important information while using 3M™ V.A.C.® Peel and Place Dressing



How do I shower?

- The 3M™ V.A.C.® Therapy System may be disconnected so you can take a shower. Therapy may not be off any longer than two hours per day. If therapy is off/interrupted for more than two hours, the dressing will need to be changed. Do not soak the dressing.
- Before your shower: turn off the device, disconnect the dressing tubing from the canister tubing and clamp the tubing.
- After your shower: Connect the tubing together, unclamp and turn on the device.
- Please consult your clinician with additional questions or concerns.



What happens if the V.A.C.® Therapy System alarms?

- The V.A.C.® Therapy System is built with your safety in mind and has alarms to alert you to a potential problem. In most situations, the reason for the alarm is easily fixed.
- Refer to the documents that came with your therapy unit for information on alerts and alarms. If needed, call your clinician or Solventum for assistance. This is something your clinician can explain in more detail, so you are comfortable with this alarm system.



What if there is a leak?

- Smooth down the drape to ensure there are no air bubbles. If the edges roll or there is a leak, place a patch with additional drape such as 3M™ Dermatac™ Drape or 3M™ V.A.C.® Drape. If the leak persists, please follow up with your clinician.



Why is my dressing being changed less frequently than other wound therapies?

- Every medical device receives different clearance from the Food and Drug Administration (FDA) based on clinical research that informs the Instructions for Use. V.A.C.® Therapy with the V.A.C.® Peel and Place Dressing can be worn for up to seven days.



Why is there an odor coming from the therapy system?

- Wounds treated with V.A.C.® Therapy may have odor due to wound fluids, which contain bacteria and proteins. The type of bacteria and proteins present may be responsible for the type and strength of the odor.
- The canister may need to be changed more often to control odor. Please consult your clinician with additional questions or concerns.



When should I call my clinician when on V.A.C.® Therapy?

Immediately report to your clinician if you have any of these symptoms:

- Sudden increase or large amount of blood from the wound in the tubing or canister
- Worsening pain or tenderness at the wound site
- Wound or area around the wound is red, sore, swollen, or the skin itches or a rash is present
- Wound or skin feels hot to the touch
- Change in discharge from the wound, especially new puss, or yellow or thick drainage in the canister
- Fever, chills, aches, pains, headache, confusion, nausea, vomiting or diarrhea
- Foul odor coming from the wound



Reminders

- Keep the therapy unit on. If off for more than two hours, the dressing will need to be changed.
- The dressing is intended to be removed only by a clinician, so don't remove it unless instructed to do so. Contact your clinician with any concerns.
- Bring any extra V.A.C.® Therapy dressings to follow-up appointments or have them available for home health visits.
- Plug in the therapy unit to charge it. You should charge the unit as often as you charge your cell phone.

Contact your clinician with any medical questions. In case of an emergency, immediately call your local emergency contact number (i.e. 911).

Solventum 24/7 phone support for patients and clinicians is available at 800-275-4524.

NOTE: Specific indications, contraindications, warnings, precautions and safety information exist for these products and therapies. Please consult a clinician and product Instructions for Use prior to application. Rx only.

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