



HS6

Height Safety Train the Trainer

Ratio

6 students to 1 instructor

Duration

4 days

Overview

The aim of this training is to provide the theoretical knowledge and practical skills to allow participants to plan and deliver a structured and compliant basic work at height and rescue training session to their fellow employees. The training will build and develop on existing height safety competencies and introduce basic training skills enabling the person to prepare and deliver a structured and effective work at height and rescue courses of up to 8 hours in duration to their fellow employees.

The importance of documentation and good record keeping, organization and group control, how to identify the various risks and hazards and how to identify and target specific training needs are also key components of the course.

The course is a pass / fail program and incorporates extensive classroom and hands-on training with written and practical assessments / examinations included.

Prerequisites

Those attending must have successfully completed at least HS2 or equivalent work at height course and be medically fit with a head for heights. They must also have a proven work based experience spanning 2 years involving work at height.

Who Should Attend

People who are deemed 'Internal Trainers' and will be delivering the basic level of working at heights courses stated and overseeing the maintenance of skills program within their business area.

Course Objectives & Content

- The holder of this certificate is trained to deliver a 1 day Basic Work at Height course to employees of their company
- Assessment of training needs
- Development of lesson plans
- Creation of structured practice sessions
- Group control and organisation
- Venue selection and risk assessment
- Student assessment and record keeping
- Equipment selection, inspection and maintenance
- Demonstration of training techniques
- Planning and readiness for emergencies

Certification

Students will receive a certificate valid for 2 years. Within 2 months of the 12 months period, delegates will be re-assessed. If successful, delegates will keep certification until expiry period.

After period of 2 years, delegates being re-assessed within 2 months of the certificate expiry date and refresher course must be taken. The refresher course will be to establish if the delegate has been maintaining their skills and delivering internal training throughout the last 24-month period.

Standards

Upon request, training conforms to the provisions established by applicable EN standards.