



# HS8

## Height Safety Escape

### Ratio

8 students to 1 instructor

### Overview

This course will equip those attending with the necessary skills required to evacuate from a high structure, platform or equipment during an emergency. Operating from a safe area those attending are taught to connect the equipment to specified anchor points, then using simple user friendly escape equipment, they will be taught to descend to ground. Training is carried out using both dedicated rescue and fall arrest harnesses and auto descenders however, customer specific requirements can be catered for.

### Prerequisites

Medically fit with a head for heights. Recognised relevant working at height training.

### Who Should Attend

Those employees who may or may not be wearing harnesses when working at height on platform cranes, gondolas and other high structures who may need to carry out a rapid exit to escape from the area during an emergency.

### Duration

0.5 day

### Course Objectives & Content

- Legislation and standards
- Emergency procedures and equipment
- Equipment characteristics and limitations
- Equipment checking, care, storage, maintenance and disposal requirements
- Equipment fitting and use
- Anchor point checking and attachment
- Practical escape drills

### Certification

Delegates will receive a certificate valid for 2 years – certificate periods are subject to maintenance of skill levels, annual refresher / updates recommended.

### Standards

Upon request, training conforms to the provisions established by applicable EN standards.