

HS9

Height Safety Demonstrator

Ratio

6 students to 1 instructor

Duration

2 days

Overview

The Management of Health and Safety at Work Regulations require employers to ensure all employees are supplied with the necessary instruction, information and training to allow them to perform their roles without risk to themselves or others. Coupled to this are the Work at Heights Regulations 2005, these introduce specific requirements in respect of activities that involve people operating at height. They place unambiguous duties upon employers to ensure all employees are competent.

Training focuses on equipping the student with the knowledge and skills to be able to demonstrate safe practice and use of specified equipment or techniques to fellow company employees. Teaching students to: arrange in-house practice sessions for company employees; the importance of documentation and good record keeping; organisation and group control; how to identify the various risks and hazards involved with this type of activity; how to identify and target essential training needs.

On successful completion of this training those attending will be equipped with the skills to deliver maintenance of skills training on specified equipment. The equipment specified can be tailored to meet your particular requirements.

NOTE: all students will be capable of delivering practice sessions using a mannequin. Demonstrators will not be competent to deliver rescue sessions using a live person.

Prerequisites

Those attending must have successfully completed a HS2 Height Safety Level 2 or equivalent basic working at height & rescue course and be medically fit with a head for heights.

Who Should Attend

People responsible for carrying out skills maintenance and arranging practice sessions for their employer.

Course Objectives & Content

- Legislation – general requirements for working at height rescue
- The dangers of working at height and safe systems of work
- Group control and organisation
- Assessment of prior learning
- Creation of structured practice sessions
- The importance of feedback and good coaching skills
- Venue selection and risk assessment
- Forms and paperwork
- Equipment inspection, care and maintenance procedures
- Anchors and anchor point selection
- Rescue and evacuation using 3M™ DBI-SALA® Rollgliss™ R550
- Rescue using 3M™ DBI-SALA® Rollgliss™ R250
- Evacuation from a wind turbine

Certification

All delegates will receive a certificate valid for 2 years.

Recertification will consist of one day practical assessment, which needs to be completed before certificate expiry.

The successful candidate must complete a minimum of 3 practice sessions per year to remain in date.

Standards

Upon request, training conforms to the provisions established by applicable EN standards.