

OG2



Fall Protection Working at Height & Rescue

Ratio

6 students to 1 instructor

Duration

2 days

Overview

The aim of this training is to provide the theoretical knowledge and practical skills to allow the successful delegate to plan and undertake work at height tasks safely and effectively within the Oil and Gas industry.

It incorporates extensive classroom and hands-on training and both written and practical examinations that are based on the requirements of the US OSHA Regulations, ANSI Z359.2 standard and CSA.

Prerequisites

Delegates shall be 18 years of age or over, be medically fit and have a head for heights.

Who Should Attend

People who are required to plan, supervise, or undertake work at height within the oil and gas industry.

Course Objectives & Content

- Fall protection system assessments
- Fall hazard identification and assessment of risk
- Hierarchy of controls and implementation
- Personal Fall Protection Equipment - characteristics and limitations
- Detailed equipment inspection
- Development and implementation of fall protection plans and programs
- Traditional fall protection (e.g., handrails, guardrails, etc.)
- Fall restraint systems, including working on monkey boards
- Fall arrest systems (incl.: personal fall arrest systems, nets, safe work zones, horizontal & vertical safety lines)
- Fall protection rescue procedures
- Selection and use of certified and non-certified anchorages
- Roles and responsibility

Certification

Successful delegates will be issued with a certificate valid for 2 years.

Standards

Upon request, training conforms to the provisions established by applicable ANSI standards.