

# OG3

## Fall Protection Trainer



### Ratio

6 students to 1 instructor

### Duration

5 days

### Overview

The aim of this training is to provide the theoretical knowledge and practical skills for participants to plan and deliver a structured and compliant work at height training session to their fellow employees. The training helps build and develop on existing height safety knowledge and skills and introduce basic training skills enabling the person to prepare and deliver a structured and effective basic work at height courses of up to 8 hours in duration to their fellow employees.

### Prerequisites

Delegates shall be 18 years of age or over and will need to prove existing training and experience at working at height. Delegates will also need to have the aptitude, attitude, and communication skills to effectively deliver and assess critical safety training.

### Who Should Attend

Those with the responsibility to ensure that workers at height are adequately trained and persons required to assess the competency of employees working at height.

### Course Objectives & Content

- The holder of this certificate will be trained and authorized to deliver working at height—fall protection training to employees of their company
- Assessment of training needs
- Development of lesson plans
- Creation of structured practice sessions
- Group control and organizations
- Venue selection and risk assessments
- Student assessment and record keeping
- Equipment selection, inspection, and maintenance
- Demonstration of training techniques
- Planning and readiness for emergencies

### Certification

Students will receive a certificate valid for 2 years. Within 2 months of the 12 months period, delegates will be re-assessed. If successful, delegates will keep certification until expiry period.

After period of 2 years, delegates being re-assessed within 2 months of the certificate expiry date and refresher course (OG4) must be taken. The refresher course will be to establish if the delegate has been maintaining their skills and delivering internal training throughout the 24-month period.

### Standards

Upon request, training conforms to the provisions established by applicable ANSI standards.