



### Tegaderm™ Transparent Dressing

If you have any questions or comments, call 1-800-537-2191.

#### Product Description

Nexcare™ Tegaderm™ Transparent Dressing is a thin, clear dressing that keeps out water, dirt and germs, yet lets the skin breathe. It is designed to be applied directly over clean skin or wounds and to stay on until new skin covers the wound surface, or up to seven days.



#### Precautions:

- Nexcare™ Tegaderm™ Transparent Dressing is NOT to be used on dirty, contaminated, bleeding, infected, or punctured wounds. Consult your medical provider if you notice any itching, burning, rash, or signs of infection: fever, pain, redness, or swelling.
- Dressing should not be used in place of stitches or to hold wound edges together.
- Do not use medications, ointments, lotions or salves under the dressing unless directed by your health care provider; they will prevent the dressing from sticking properly and may cause skin irritation.
- Make sure the skin is clean, free of soap residue and lotion and allowed to dry thoroughly before applying the dressing to prevent skin irritation and to ensure good adhesion.
- Do not stretch the dressing during application as tension can cause skin trauma.
- Stop any bleeding at the site before applying the dressing.

#### Warnings:

- Using a Tegaderm™ dressing to cover a drug delivery patch could lead to faster absorption, increasing the risk for overdose.
- To reduce the risk of infection, do not reuse.

#### Use For:

- Protecting minor wounds, cuts, scrapes, burns, blisters and post-surgical incisions.
- Dressing and securing I.V. catheters or other tubing as directed by your medical provider.
- Can be worn in shower or bath.
- A secondary dressing over alginates, hydrogels, gauze, etc.

#### Directions for Use:

1. Wash your hands. Cleanse and dry wound or popy I.V. site and surrounding skin thoroughly. Make sure skin is free of soap residue or lotion.
2. Open the package and peel away the printed liner from the paper-framed dressing, exposing the adhesive surface. (Fig. 1)
3. Apply dressing over wound and press down around the frame. The dressing should be large enough to provide at least a 1-inch border around the wound. (Fig. 2)
4. Do not stretch the dressing when applying.
4. Smooth down the dressing edges as you remove the paper frame. (Fig. 3)



FIG. 3



FIG. 1



FIG. 2

#### Additional Directions for I.V. Use:

1. Viewing the catheter site through the dressing, center dressing around the puncture site. Secure the film around the catheter and press the dressing firmly into place. (Fig. 4)
2. Press down on the dressing edges as you remove the paper frame. Apply slight pressure over the entire dressing to help it stick. (Fig. 5)
3. Inspect catheter site daily without removing the dressing. Call your physician or health care professional if you notice any itching, burning, rash, or signs of infection: fever, pain, redness or swelling. (Fig. 6)



FIG. 4



FIG. 5



FIG. 6

#### Dressing Care

Inspect the wound or catheter site at least daily without removing the dressing. The dressing can be left in place for up to 7 days.

#### Change the dressing if:

- It begins to leak or is no longer sticking to the skin
- It contains holes
- New skin has covered the wound surface
- It is normal for yellow to brown fluid to appear under the Nexcare™ Tegaderm™ Transparent Dressing on a wound. However, a strong odor is a sign of possible infection and should be reported to your physician or health care provider.

#### To Remove

##### Stretch Method

- Grasp one edge or catch a "corner" of the Tegaderm™ Dressing.
- Gently lift edge.
- With other hand, place fingers on top of dressing to support skin.
- Gently stretch the Tegaderm™ Dressing straight out and parallel to skin. This will release the adhesion of the dressing. As Tegaderm™ Dressing is loosened, you may either (1) alternately stretch and relax the dressing or (2) "walk" your fingers under the dressing to continue stretching it. With both approaches, one hand continually supports the skin adhered to the dressing. Remember to peel the dressing back, rather than pulling it up from the skin.



#### To Remove

##### Tape Method

- To aid in lifting a dressing edge, secure a piece of tape to one corner and rub firmly. Use the tape as a tab to help slowly peel back the dressing.
- Support and stabilize the skin next to the Tegaderm™ Dressing while removing.
- With other hand, grasp one edge of the dressing.
- Slowly peel dressing back over itself, "low and slow", in direction of hair growth.

Removing dressing at an angle will pull at the epidermis, increasing risk of mechanical trauma. As dressing is removed, continue moving finger as necessary, supporting newly exposed skin.

#### Storage & Shelf Life

- For best results, store in a cool, dry place. Refer to the expiration date on the package.

Sterility guaranteed unless individual wrapper is opened or damaged.



Not Made With Natural Rubber Latex

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