Rethink recovery in orthopedic surgery

Gain the confidence and control to help patients achieve the best possible outcomes.
Recognizing the risks of orthopedic surgery

You have complete confidence in the OR. But after discharge, countless recovery challenges can impact both short- and long-term outcomes. Complications like swelling, dehiscence and infections can jeopardize patient mobilization and even lead to reoperations.

Orthopedic surgery generally has a 5% mean rate of complications.

Procedures with the highest reported complication rates:

- 24-27% Lower extremity fractures
- 8-12% Revision hip and knee arthroplasty
- 13-30% wound complication rate with lower extremity amputations

9.9% 30-day readmission rate for orthopedics

5.8% 30-day readmission rate for amputations

*Note: NSQIP data captured 5368 complications within top orthopedic procedures including minor complications (UTIs) and major complications (death).

How can you help ensure your hard work is protected, and your patient is on the path to recovery? You need a tool that can help control recovery once patients leave your care.
Rethink recovery with 3M™ Prevena Restor™ Therapy

Prevena Restor Therapy helps provide protection and reduces edema by managing the incision and surrounding soft tissue.

The first therapy system to provide 14 days of continuous -125 mmHg negative pressure therapy* with expanded coverage for the incision and surrounding soft tissue.

Prevena Restor Therapy offers patients comprehensive protection with dressings designed for a variety of anatomical locations. Each dressing, combined with negative pressure, provides stabilization to the surgical site and creates a strong barrier to external contaminants, helping patients at risk of developing complications.5-7

3M™ Prevena Restor™ Dressings

Pre-shaped designs for peel and place application

3M™ Prevena Restor™ Arthro•Form™ Dressing 3M™ Prevena Restor™ Axio•Form™ Dressing 3M™ Prevena Restor™ Bella•Form™ Dressing 3M™ Prevena Restor™ Roto•Form™ Dressing

Designed for flexibility and user customization

3M™ Prevena Restor™ Adapti•Form™ Dressing

Prevena Restor Therapy can be applied to a variety of anatomical locations, including:

Ankle Knee Hip Upper extremity

Now you can extend your control after discharge to help protect the surgical incision and surrounding soft tissue, support patient compliance with rehab protocols, and set the stage for an optimized recovery.

*Up to 14 days of therapy with a dressing change required at 7 days.
Optimize care with 3M™ Prevena Restor™ Therapy

Extended therapy time
Up to 14 day (dressing change required after 7 days)

Precision designed
Dressings seamlessly conform to the patient

Expanded coverage area*
Larger dressings deliver therapy to the incision and surrounding soft tissue envelope

Easy to use
A variety of peel-and-place dressings are available, plus a customizable option

Prevena Restor Therapy is built on the proven technology of the original 3M™ Prevena™ Therapy

Prevena Therapy science and mechanism of action

- Delivers continuous negative pressure therapy (-125 mmHg) to the incision site (up to 7 days)
- Helps hold incision edges together*
- Removes fluid and infectious materials
- Creates a barrier to external contaminants
- Reduces edema

3M™ Prevena Restor™ Incision Management System indication statement

The Prevena Restor Incision Management System is intended to manage the environment of surgical incisions that continue to drain following sutured or stapled closure, by maintaining a closed environment and removing exudates via the application of negative pressure therapy.

*Compared with 3M™ Prevena™ Dressings.
How 3M™ Prevena™ Therapy reduces edema

The effects of negative pressure applied to intact skin via Prevena Therapy were evaluated using finite element analysis (FEA).11

**Closed terminal lymphatic pore**  
(overlapping endothelial cells)12  

**Open terminal lymphatic pore**  
(separated endothelial cells)12  

Based on the analysis, it is hypothesized that volumetric expansion may help11:

1. Expand the tissue beneath the dressing, pulling the tissue open
2. Lower local interstitial fluid pressure
3. Open lymphatics to allow fluid clearance

**Tissue beneath the dressing is expanded, not compressed.**
3M™ Prevena Restor™ Therapy: Real-world experience

Contact your local 3M representative or go to Prevena.com/Restor for more real-world Prevena Restor Therapy case studies.

Pilon fracture open reduction internal fixation
Photo courtesy of Ravi Karia, MD; Department of Orthopaedics, University Health San Antonio, San Antonio, TX

Revision total hip joint arthroplasty
Photo courtesy of Yavonne L. Johnson, PA-C, Evan Argintar, MD; Washinton, DC.

Revision total knee joint arthroplasty
Photo courtesy of Yavonne L. Johnson, PA-C, Evan Argintar, MD; MedStar Washington Hospital Center, Washington, DC

Lower extremity amputation
Photo courtesy of Julie West, PA, MBA, Ohio State University Wexler Medical Center, Columbus, OH.

As with any case study, the results and outcomes should not be interpreted as a guarantee or warranty of similar results. Individual results may vary depending on the patient’s circumstances and condition.
3M™ Prevena Restor™ Therapy—your comprehensive approach to recovery

Rethink recovery with Prevena Restor Therapy.

Helps protect the surgical site

Reduces edema

Optimizes the healing environment

Enhances the recovery experience

Contact your local representative to learn more about Prevena Restor Therapy.
### Ordering Information

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<th>SKU</th>
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**Note:** The data referenced in this brochure was derived from studies using the 3M family of negative pressure technology, but not specifically 3M™ Prevena Restor™ Therapy.

**Note:** Specific indications, limitations, contraindications, warnings, precautions, and safety information exist for these products and therapies. Please consult a clinician and product instructions for use prior to application. Rx only.

**References:**


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