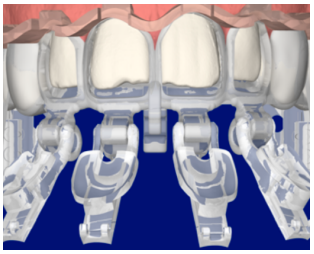
3M Science. Applied to Life.™

Step-by-Step Card

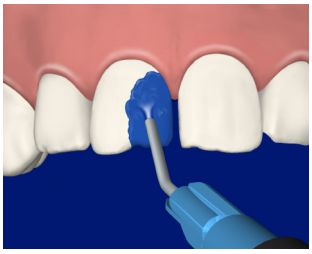
3M™ Filtek™ Matrix

Warm Composite Filling Technique

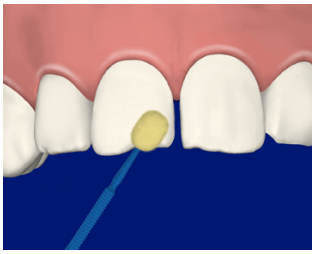
See Instructions for Use for full details.



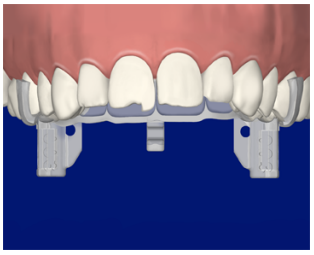
1. Try on veneer matrix to ensure proper fit.



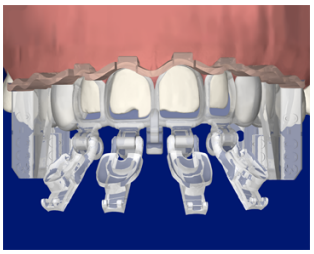
2. Apply and rinse etchant on teeth.



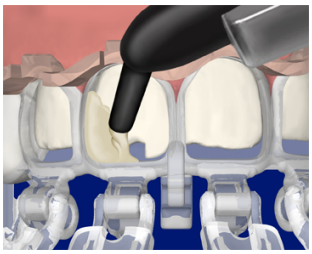
3. Apply, air dry and light-cure adhesive on teeth. Ensure contacts aren't bonded.



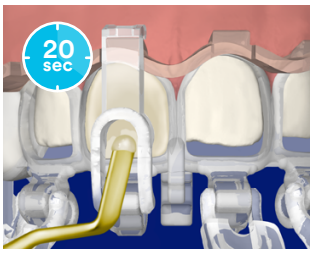
4. Place lingual matrix.



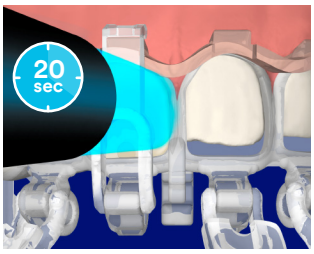
5. Place labial matrix. Clamp matrices together on distal ends.



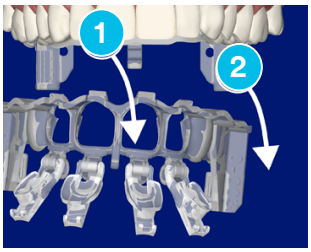
6. Place warmed 3M™ Filtek™ Brand Universal Restorative* in matrix cavity. Slightly overfill.



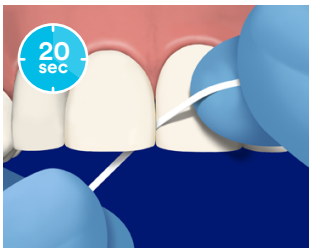
7. Close door. Remove excess composite around door and gingival margin. Clear vent port of composite.



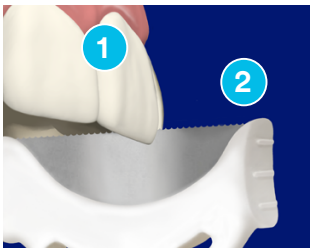
8. Light-cure for 20 seconds per surface. Repeat steps 6-8 for all cavities.



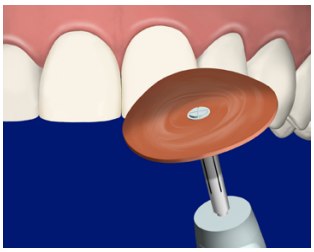
9. Open door. Remove labial matrix first, followed by lingual matrix.



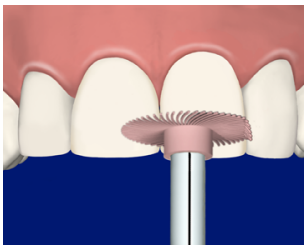
10. Check interproximal contacts using floss.



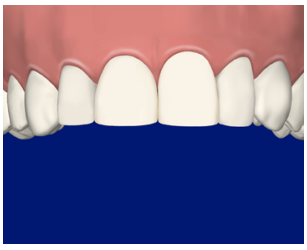
11. If necessary, separate and smooth contacts using bur, blade, saw or strip.



12. Remove flash and contour teeth using a bur or 3M™ Sof-Lex™ Disc.



13. Finish and polish using 3M™ Sof-Lex™ Diamond Polishing System.



14. Final outcome.

Available in Canada from

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