FINISHING AND POLISHING

Sof-Lex™ Finishing and Polishing Discs
Sof-Lex™ Finishing and Polishing Strips

Simply pop disc onto mandrel with abrasive side up or down. Keep surface and disc dry while finishing.

Start with **coarse discs** to remove excess restorative material and establish preliminary anatomy.

Use **medium discs** for advanced contouring, establishing marginal ridges, and adjusting incisal edges.

Follow with **fine discs** to further improve finish quality and prepare surface for final polishing.
Conclude polishing with **superfine discs** for the most durable, smoothest, high gloss finish.

Use **3M™ ESPE™ Sof-Lex™ Strips** for finishing proximal areas by gently inserting the center gapped area between teeth. Operating sequence of strips (C/M, F/SF) is the same as discs.

**Clinical Hints:**

- Use a light touch and slow speed handpiece during all phases of finishing and polishing.
- Skipping a grit in the sequence will compromise the quality of the final polish.
- Rinse and dry surface between disc sequence.
- All discs should be constantly moving over the surface to prevent heat and flat spots.
- Minimize the potential for “white lines” at margins by rotating all finishing instruments from restoration to tooth.