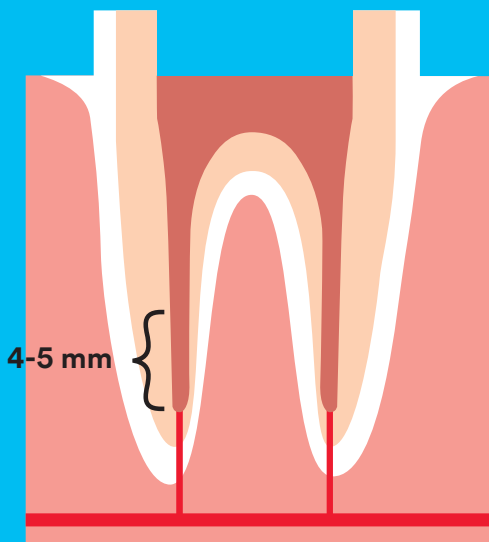


The do's and don'ts of post & core procedures

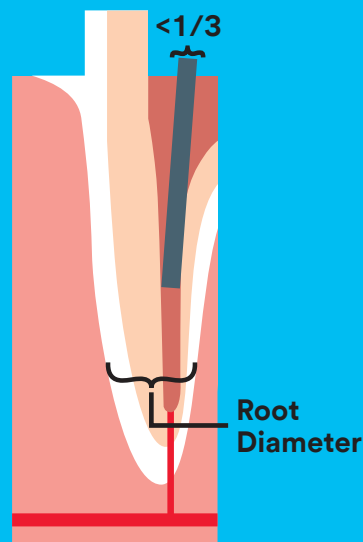
Do's

1



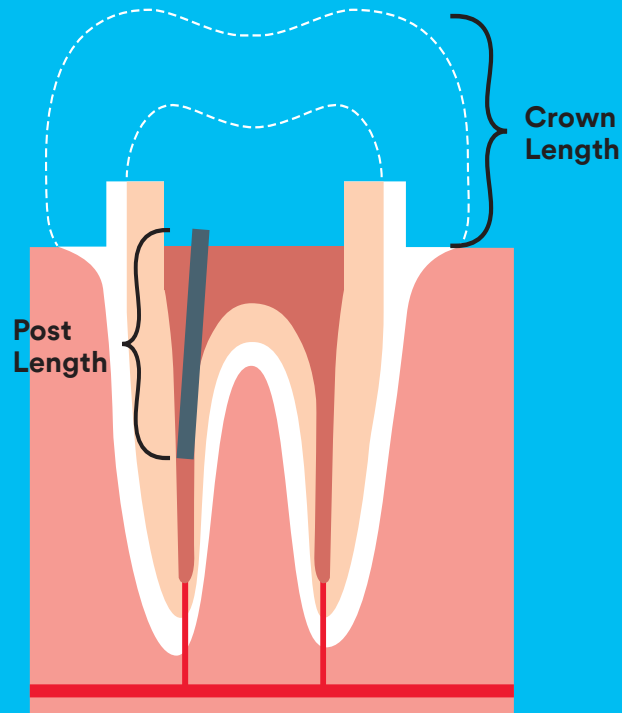
Leave at least 4 to 5 mm of gutta percha

2



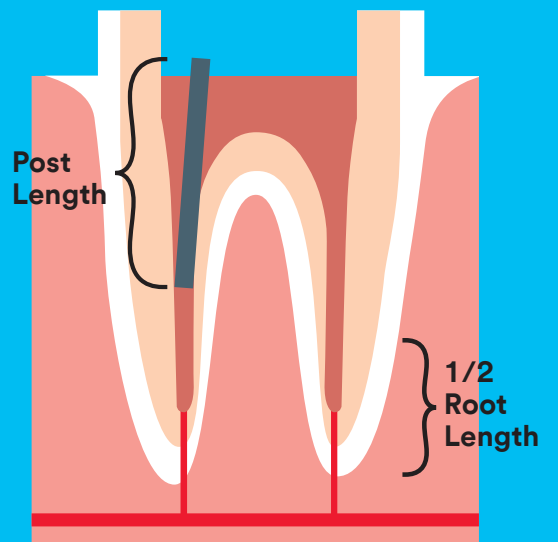
Diameter of the post preparation should be smaller than $\frac{1}{3}$ of the root diameter

3



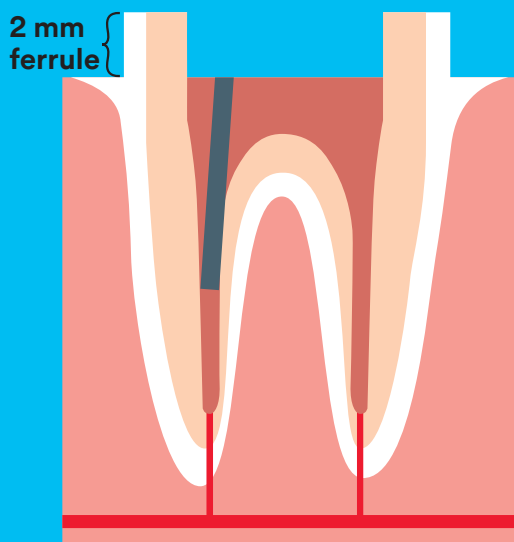
Post length should be at least the length of the crown

4



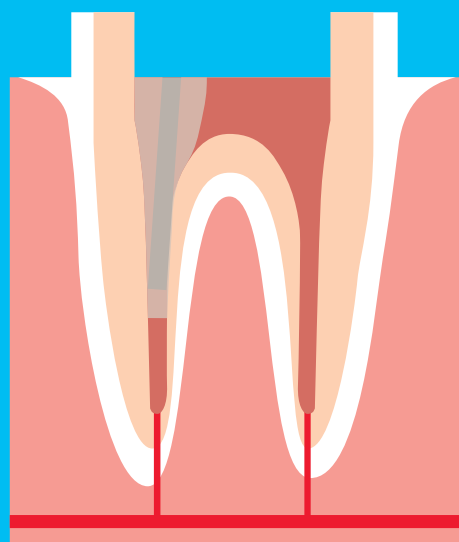
Post should include at least half of the root length which is still supported by bone

5



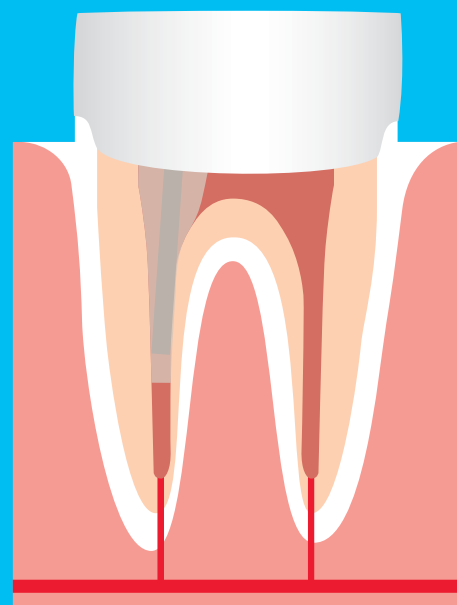
Provide at least 2 mm of ferrule by placing the preparation margin in the remaining enamel or dentine

6



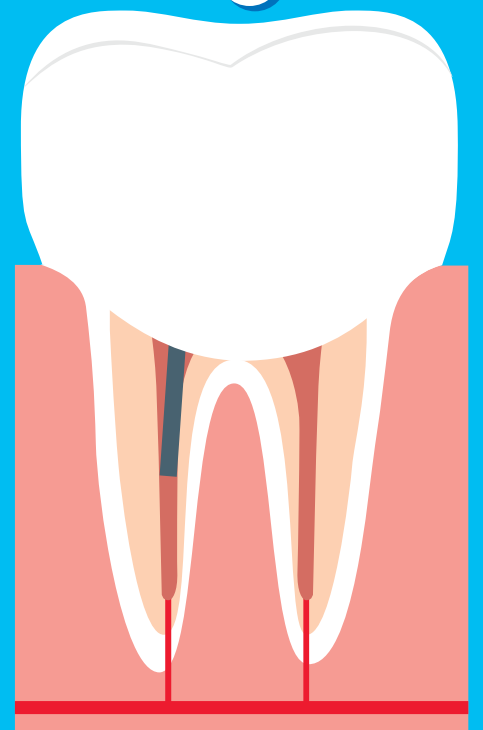
Use self-adhesive resin cements for fiber post cementation

7



Use a bulk fill composite for the core build-up

8



Final restoration in place

Don'ts



Avoid root canal sealants containing eugenol



Don't use a lentulo