

# 3M™ Coban™ 2 Lite Two-Layer Compression System

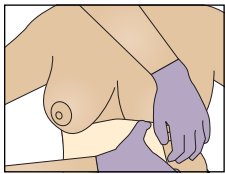
## Breast application methods A and B

### Method A: materials and positioning

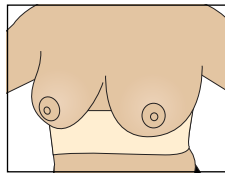
- Select the 10 cm (4 in) or 15 cm (6 in) comfort foam and compression layers depending on the size of the patient.
- It is useful to prepare strips of securement tape before starting the application of the comfort foam layer.

### Method A Application of comfort foam layer (layer 1) to the breast

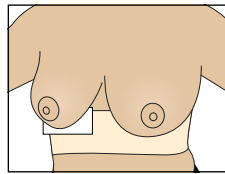
- Apply this layer with the foam side towards the skin with slight stretch to conform.



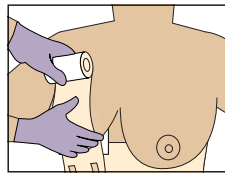
**Step 1:** Begin the application with a circular winding around the chest, positioned under the breasts.



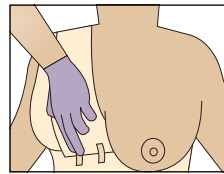
**Step 2:** Cut the material leaving a 3 cm (1.2 in) overlap onto the underlying material. This cut edge will be secured with tape but before fixation, ask the patient to take a deep breath.



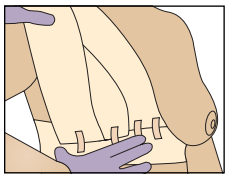
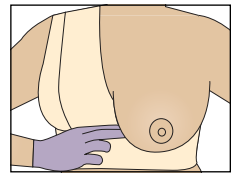
**Step 3:** For additional comfort, a piece of comfort foam layer can be placed under the breast with foam side up.



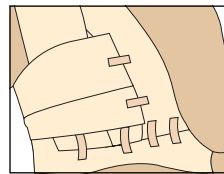
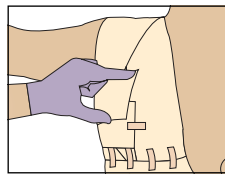
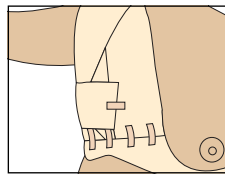
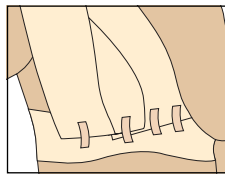
**Step 4:** Gently lift the breast and cover with strips of comfort foam layer applied longitudinally from front to back. Position the first over the center.



**Step 5:** Secure each strip with a piece of tape as needed. Be sure that the tape is positioned on the middle third of the circular chest winding. Avoid taping to skin.



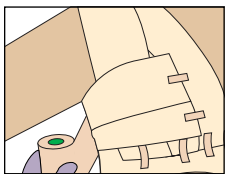
**Step 5 continued:** Be sure that the tape is positioned on the middle third of the circular chest winding. Avoid taping to skin.



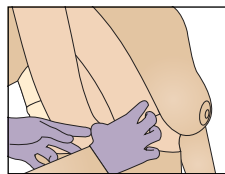
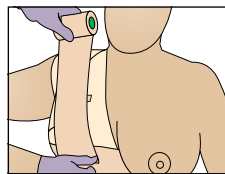
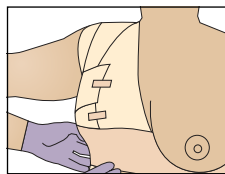
**Step 6:** Cover the lateral side of the breast with strips of comfort foam layer so that the entire breast is enclosed. Secure each strip with tape.

### Method A Application of compression layer (layer 2) to the breast

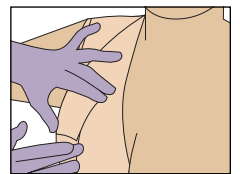
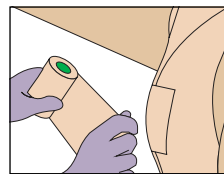
- The compression layer should be applied without tension when covering the breast.
- 100% stretch application may be used for the lateral strips and for resistant areas of oedema as needed.
- It is recommended that you hold the roll close to the body throughout the application for controlled, even compression.
- Strips of tape should not be necessary for individual strips of compression layer. Press and mould the cut edges to the underlying layer.



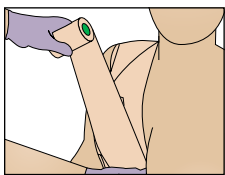
**Step 1:** Begin the compression layer starting with a circular winding around the chest. Before fixation ask patient to take a deep breath. Cut and mould the end to secure to the underlying layer.



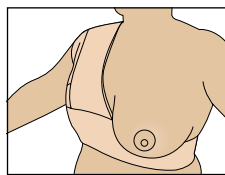
**Step 2:** Cover the breast longitudinally with strips of compression layer applied with relaxed stretch from front to back. The first strip should be positioned over the center and anchored to the circular winding (anterior and posterior). Gently mould into place.



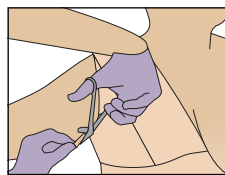
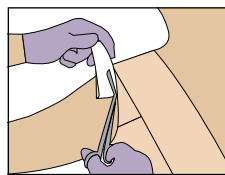
**Step 3:** Cover the lateral side of the breast with strips of compression layer, applied at 100% stretch until entire breast is enclosed.



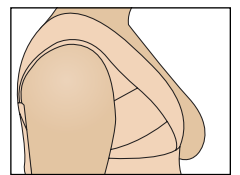
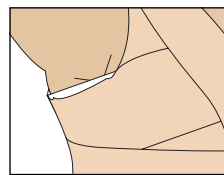
**Step 4:** Apply an additional longitudinal strip to cover the previous endings to guarantee that the application stays in place.



**Step 5:** As needed, a final circular winding around the chest completes the application and secures the edges.



**Step 6:** Trim any areas that may hinder arm movement to allow maximum range of motion.

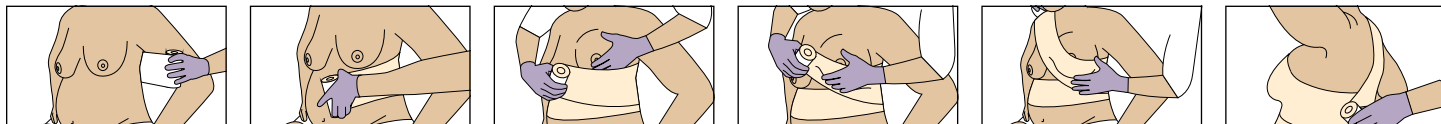


## Method B: materials and positioning

- Select the 10 cm (4 in) or 15 cm (6 in) comfort foam layer and compression layer depending on the size of the patient.
- It is useful to prepare strips of securement tape before starting the application of the comfort foam layer.

### Method B Application of comfort foam layer (layer 1) to the breast

- Apply this layer with the foam side towards the skin with just enough tension to conform.



**Step 1:** Ask patient to take a deep breath and begin comfort foam layer application with a circular winding around the chest, positioned under the breasts.

**Step 2:** Carefully lift breast and continue wrap upward towards opposite shoulder. Gently mould to breast anatomy.

**Step 3:** Bring roll down and across patient's back.



**Step 4:** Continue with additional winding(s) around chest, over opposite shoulder until breast is covered. Cut and mould to anatomy. Secure with tape.

**Step 5 (optional – for bilateral breast support):** Carefully lift breast and continue wrap upward towards opposite shoulder. Gently mould to breast anatomy.

### Method B Application of compression layer (layer 2) to the breast

- The compression layer should be applied without tension when covering the breast.
- 100% stretch application may be used for the lateral winding and for resistant areas of oedema.
- It is recommended that you hold the roll close to the body throughout the application for controlled, even compression.
- Press and mould the cut edges to the underlying layer.

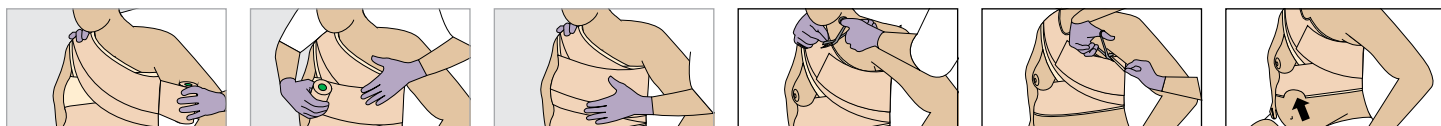


**Step 1:** Ask patient to take a deep breath and begin the compression layer application with a circular winding around the chest, positioned under the breasts.

**Step 2:** Carefully lift breast and continue the application with relaxed stretch upward towards opposite shoulder. Gently mould to breast anatomy. When coming across the shoulder avoid putting tension on top of the shoulder.

**Step 3:** Bring roll down and across patient's back. At lateral sides, apply at 100% stretch.

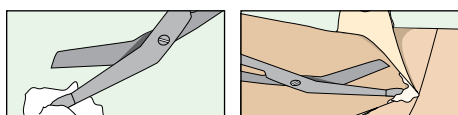
**Step 4:** Continue with additional winding(s) around chest, over opposite shoulder until breast is covered. Mould to anatomy while wrapping. Cut and mould to anatomy.



**Step 5 (optional – for bilateral breast support):** Instead of cutting wrap, bring across chest to support and cover contralateral breast. Cut and mould to anatomy. Continue to Step 6.

**Step 6:** Trim any areas that may hinder neck, arm or axillary movement to allow maximum range of motion. For additional comfort, bandage may be trimmed at the xiphoid process (see arrow).

### Bandage removal



Dipping the scissor tips into moisturising cream allows for comfortable and easy bandage removal.

### Note

Refer to the Instructions for Use for complete information related to the use of 3M™ Coban™ 2 Lite Two-Layer Compression Systems.

### For breast methods A and B

3M code	Description	Size	Compression	Box qty	Boxes/Case
2794N	10 cm (4 in) Kit: Lite Comfort Layer 1 and Lite Compression Layer 2	10 cm x 2.7 m (4 in x 2.9 yd) 10 cm x 3.2 m (4 in x 3.5 yd)	Lite	2 rolls	8 boxes
20716	15 cm (6 in) Individual Rolls: Lite Comfort Layer 1	15 cm x 2.7 m (6 in x 2.9 yd)	Lite	10 rolls	4 boxes
20726	15 cm (6 in) Individual Rolls: Lite Compression Layer 2	15 cm x 3.5 m (6 in x 3.8 yd)	Lite	15 rolls	4 boxes
<b>Alternatives</b>					
20714	10 cm (4 in) Individual Rolls: Lite Comfort Layer 1	10 cm x 2.7 m (4 in x 2.9 yd)	Lite	18 rolls	2 boxes
20724	10 cm (4 in) Individual Rolls: Lite Compression Layer 2	10 cm x 3.5 m (4 in x 3.8 yd)	Lite	32 rolls	2 boxes



**Solventum Medical Surgical**  
75 Courtneypark Drive West  
Mississauga, ON  
L5W 0E3  
Canada

Phone 1-833-954-0525  
Web 3M.ca/Medical

This is provided as a basic overview only. Please refer to the Instructions for Use for detailed instructions and full safety information.

**Note:** Specific indications, contraindications, warnings, precautions and safety information exist for these products and therapies. Please consult a clinician and product instructions for use prior to application. This material is intended for healthcare professionals.