## Prepare to Use Respirator



1. With nosepiece facing away from you, hold the earloop strap in each hand with the nosepiece up.

## Place Respirator on Face



2. Position the respirator under the chin.

3. Pull each strap over the ear. Adjust the straps as comfortable as possible.

# Adjust the Metal Nose Strip



4. Place the fingertips of both hands at the top of the metal nosepiece. Mold the nosepiece to the shape of the nose bridge by pushing inwards while moving your fingertips down both sides of the nosepiece. Pinching the respirator nosepiece using one hand may result in improper fit and less effective respirator performance. Use two hands.

# Check the Respirator-to-Face Seal



- 5. The seal of the respirator on the face should be checked by the wearer prior to entering the work area.
  - a. Cover the front of the respirator with both hands, being careful not to disturb the position of the respirator.
  - b. Exhale sharply. If air leaks around the nose bridge, readjust the nosepiece as described in Step 4. If air leaks at the respirator edges, work the straps back along the side of your hand. If you CANNOT achieve a proper seal, DO NOT enter the contaminated area. See your supervisor.
  - c. If no leakage is detected, then work may proceed.

It is very important to press the nosepiece firmly to the nose bridge to form a good seal.



## **WARNING**

Filtering facepiece particulate respirators are intended to help reduce breathing in airborne particles such as dust. If you do not follow all instructions and limitations on the use of this respirator and/or do not wear this respirator during all times of exposure to the particles, the respirator may not be as effective. The respirator cannot stop the breathing in of all particles in the air and does not eliminate the risk of symptoms or sickness. For proper use of this respirator, see the User Instructions inside the package or call 3M at 1-800-247-3941.

#### **Personal Safety Division**

3M Center, Building 235-2W-70 St. Paul, MN 55144-1000 3M PSD products are occupational use only.

### In United States of America

In Canada

Technical Service: 1-800-243-4630
Customer Service: 1-800-328-1667
3M.com/workersafety

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