

The importance of fit.

Respiratory protection is only effective if it is correctly selected, fitted and worn throughout the time that the wearer is exposed to respiratory contaminants. It is recommended that a face fit check is performed before entering the workplace. Fitting instructions must be followed each time the respirator is worn.



3M™ Maintenance Free Reusable Respirator, 4000+ Series

Positive pressure face fit check:

1. Place the palm of the hand over the exhalation valve cover and exhale gently.
2. If the respirator bulges slightly and no air leakage between the face and the respirator is detected, a proper fit has been achieved. If air leakage is detected, reposition the respirator on the face and/or readjust the tension of the straps to eliminate the leakage. Repeat the above face fit check.

If you cannot achieve a proper fit, do not enter the contaminated area and see your supervisor.



Step 1: Assemble/adjust head cradle by feeding the perforated strip through the buckle and pressing down on the stud at the required length. Repeat for second strip. Place the respirator over the face, fitting it comfortably on bridge of the nose, then pull the head harness over the crown of the head.



Step 2: If necessary remove the respirator and readjust the head cradle to a comfortable fit and repeat step 1.

Step 3: Take a bottom strap in each hand, place them at the back of the neck and hook the straps together.



Step 4: Tighten the top strap first by pulling on the ends to achieve a comfortable and secure fit.



Step 5: Tighten bottom straps in a similar manner. Strap tension may be decreased by pushing out on back side of buckles.



Step 6: Perform a positive and/or negative pressure fit check each time the respirator is donned.

Warning: Respirators must not be used until your employer has determined whether usage will be in accordance with manufacturers instructions. The wearer must be trained in the proper fitting and use of this product. Failure to follow all instructions and warnings on the use of this product and/or failure to wear this respirator during all times of exposure can reduce respirator effectiveness and result in illness or death. All respirators should be used in accordance with Australian & New Zealand Standard AS/NZS 1715. It is recommended that fit testing be conducted before assigning a respirator to an individual. If you cannot achieve a proper fit, do not enter contaminated areas. Do not use with beards or other facial hair or conditions that prevent a good seal between the face and the sealing surface of the respirator.