



# Dressing Guide

Your surgeon placed a 3M™ Tegaderm™ Absorbent Clear Acrylic Dressing over your incision.

Follow your surgeon's instructions for incision monitoring. Use this document as a guide for what to expect when wearing your dressing. Contact your surgeon with questions about your incision or dressing.

## Frequently asked questions

### What might I see when I wear the dressing?

Your dressing has a clear absorbent pad with a waterproof cover dressing. This allows you to see your incision. As you wear the dressing, the pad may get stained with blood and fluid.

**This is okay, and does not mean you need to remove your dressing.** In fact, keeping the dressing on provides a healing environment.<sup>1</sup>

### Can I shower or bathe with the dressing?

**Yes. You may shower** with this dressing if it is firmly in place and the edges have not lifted or rolled. Do not soak in the bathtub or whirlpool while wearing the dressing.

**Follow dressing-removal recommendations from your surgeon/provider:**

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# What might I expect while wearing the dressing?

The dressing is designed to stay in place longer than you may have experienced with other dressings. The information below can help you understand what to expect while wearing the dressing.

**If you are concerned about your incision or dressing, call your surgeon's office.**



## **Bubbles**

Bubbles are expected and represent the pad swelling to absorb and capture fluid.

**Keep the dressing on.**



## **Fluid in pad or cracked appearance**

Fluid within the pad appears or there is a cracked appearance, but the edges of the dressing remain sealed to the skin. This is expected.

**Keep the dressing on.**



## **Rolled edges**

Rolled edges appear, but the dressing and pad are still in place. This is okay and does not necessarily require reinforcement.

**Keep the dressing on.**



## **Fluid present in the dressing border**

Fluid or staining is seen outside the pad area, but it is not actively leaking. This is expected for some types of incisions.

**Keep the dressing on.**



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<sup>1</sup>3M data on file. EM-05-001314

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