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Applied to Life.™

3M Medical Solutions

How to Apply 3M™ Tegaderm™ Silicone Foam Border Dressings for Wound Care Management



Home Care Guide

Wound care matters.

As a caregiver, you deserve comfortable, conformable dressings designed to help your patient heal. Enter 3M™ Tegaderm™ Silicone Foam Border Dressings.

Use this step-by-step guide to apply dressings with care and precision.

Supplies needed

- 3M™ Tegaderm™ Silicone Foam Dressings — ensure foam pad is larger than wound area
- Disposable exam gloves
- Small plastic bag (for soiled gloves and dressing liner)
- Wound cleaning supplies

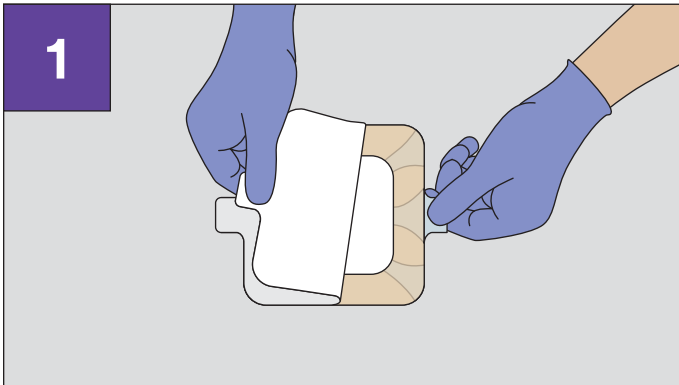
Prior to All Applications

Wash hands and set up a clean area with supplies. Apply gloves.

1. Cleanse wound and surrounding skin.
2. Dry surrounding skin.
3. Assess wound.
4. Select appropriate-size dressing to ensure that the foam pad is larger than wound area.

Applying the Dressing

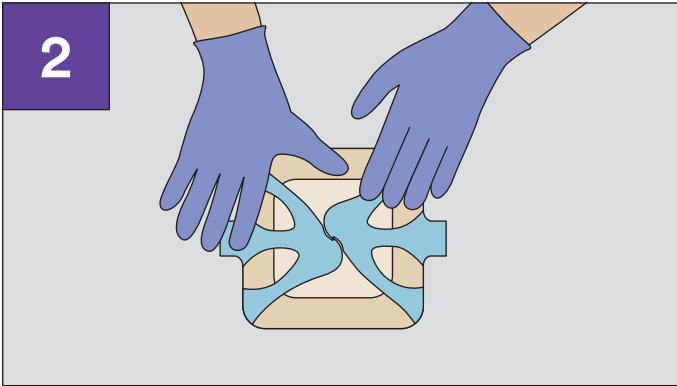
Remove liner



Put on clean exam gloves.

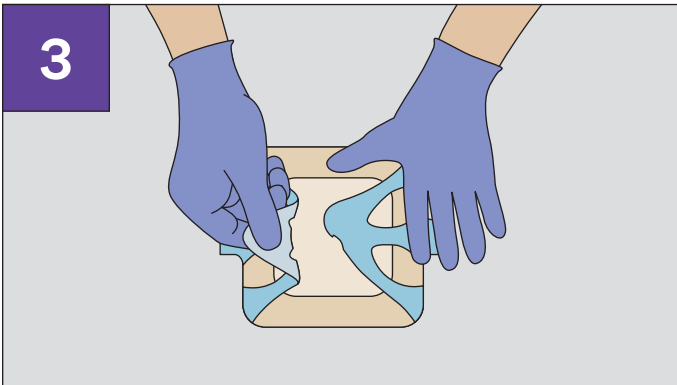
Remove the dressing from package. Hold the dressing by one of the side tabs, remove the white liner and position the dressing over the wound.

Position the dressing over the wound



Gently press the dressing to the skin.

Avoid stretching the dressing or the skin.

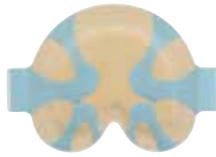


Beginning at the center, remove the dressing's blue paper delivery system one section at a time by pulling toward the dressing's outer edge.

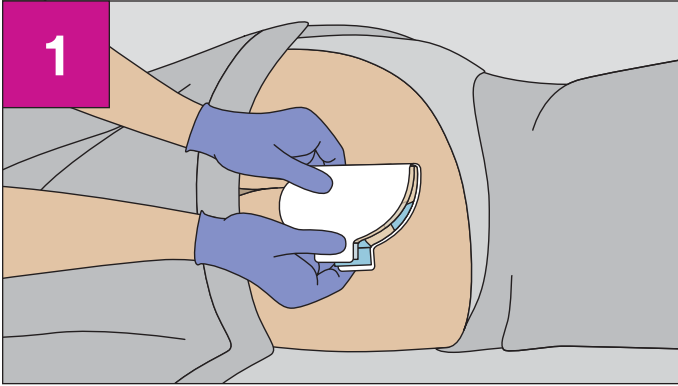
Press to conform the dressing to the skin.

Repeat with the remaining section.

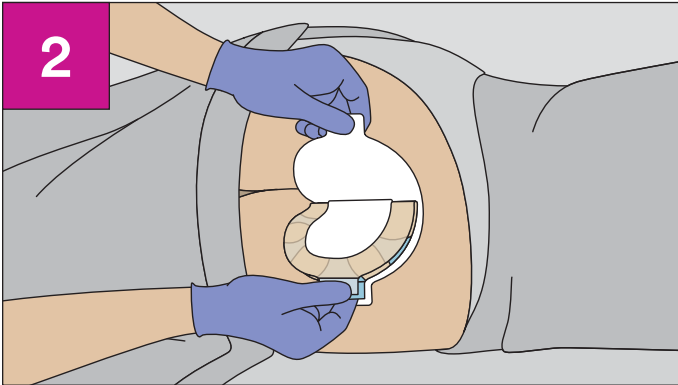
Sacral Application



Preparation

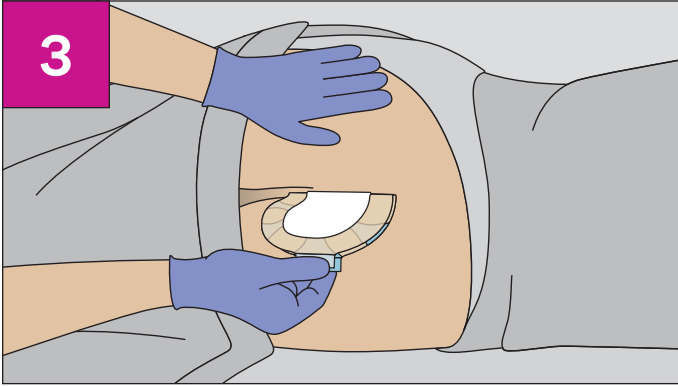


Remove the dressing from the package and fold it in half.



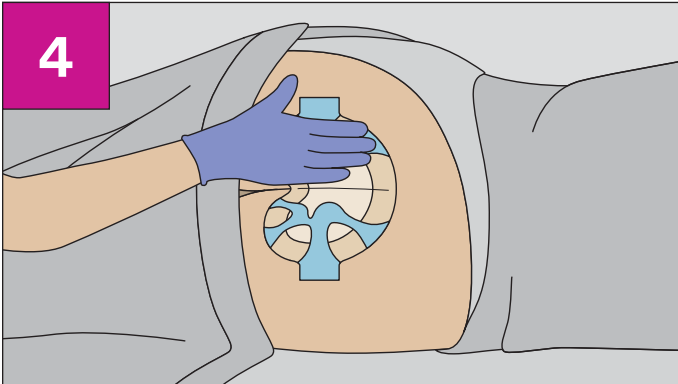
While holding the side tabs together, remove the white liner.

Position dressing



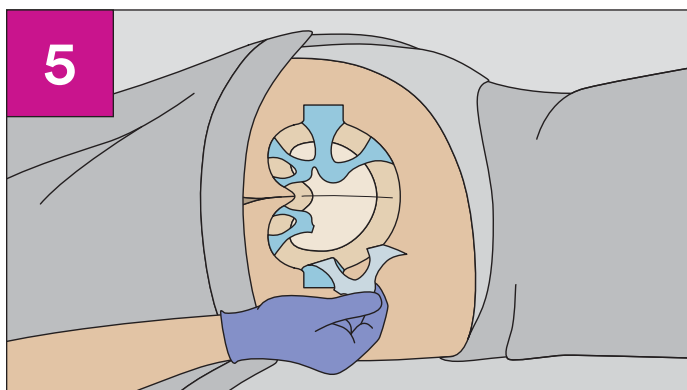
Holding the side tabs, position the dressing over the wound.

Spread buttocks for better placement.

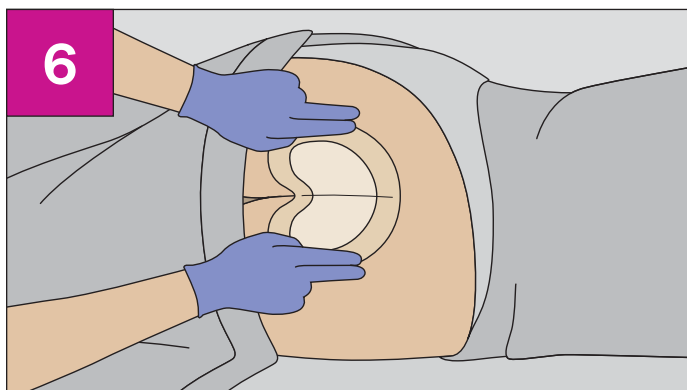


Gently press the dressing to the skin.

Beginning at the crack between the buttocks, gently press the dressing to the skin from the center outward.



Beginning at the center, remove the dressing's blue paper delivery system one section at a time by pulling toward the dressing's outer edge. Press to conform the dressing to the skin. Repeat with the remaining section.

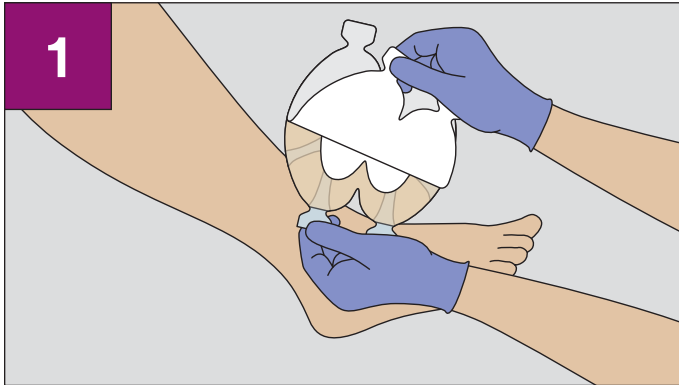


Press to conform the dressing to the covered skin area.

Heel Application

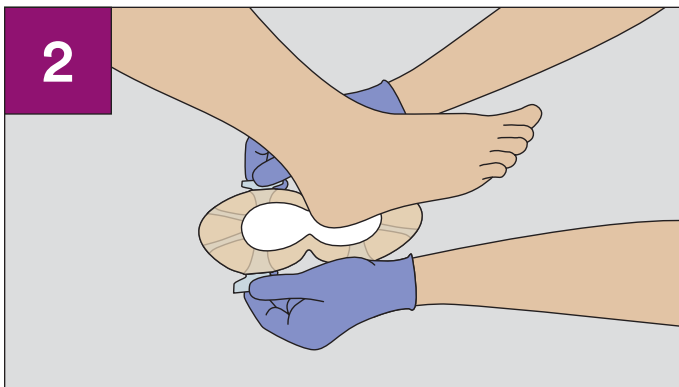


Preparation



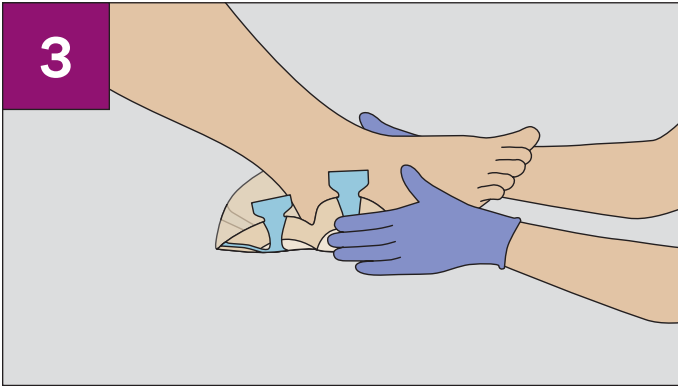
Remove the dressing from package.

Holding the side tabs together, remove the white liner.

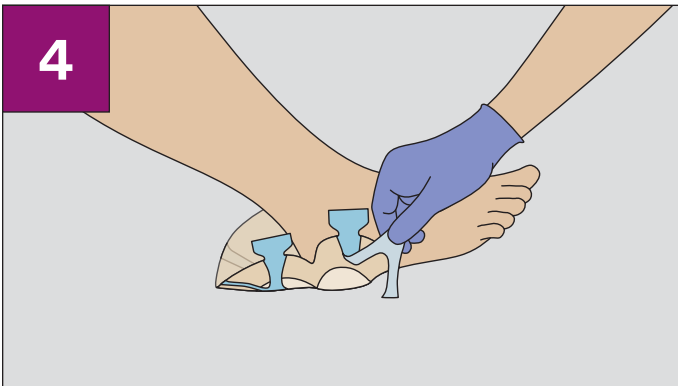


Position the dressing over the wound while holding the side tabs.

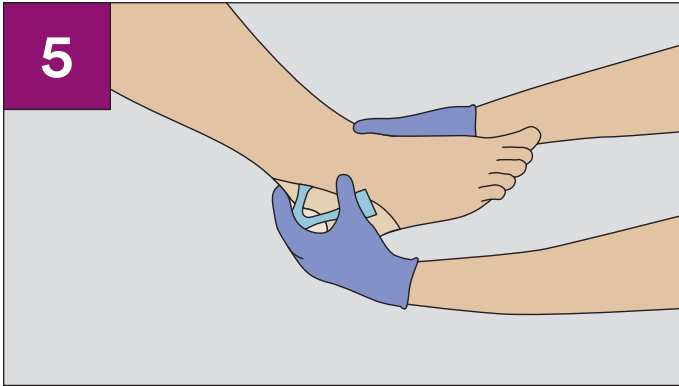
Position dressing



Beginning at the bottom of the foot, gently press the dressing's bottom half to the skin.

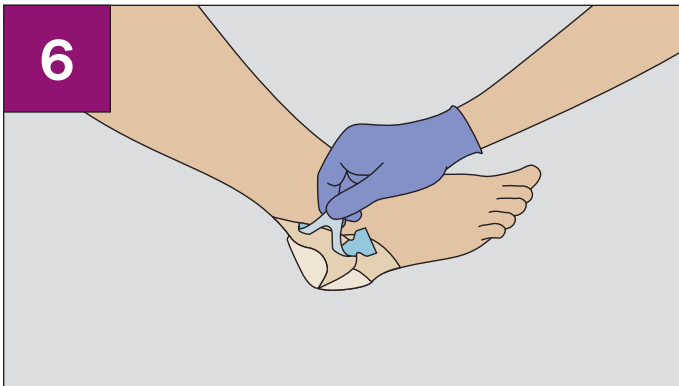


Remove the first portion of the dressing's blue paper delivery system by pulling the tabs toward the dressing's outer edge.



Mold the remainder of the dressing over the sides of the foot.

Overlap the dressing edges if necessary.



Remove the remainder of the dressing's blue paper delivery system.

Press to adhere the dressing to the skin.

Additional Information

The 3M™ Tegaderm™ Silicone Foam Border Dressing may remain in place **up to seven days**. Frequency of changes is determined by the type of wound and volume of excess fluid per your health care provider.



7 days

If the dressing begins to leak or wound fluid spreads to the dressing's edges, a change is indicated.



Leaks

To remove, carefully lift the dressing edge from skin. If the dressing is adhered to the wound surface, saturate with normal saline and gently loosen. Continue lifting until dressing is free from skin surface.



Remove

If used for prevention of pressure ulcer/injury, it is necessary to assess underlying skin.



Prevention

Free Sample

Visit **3M.com/SiliconeFoam** to learn more and to request a free product sample.

Questions

If you have questions on how to use 3M™ Tegaderm™ Silicone Foam Border Dressings, please contact your licensed health care provider.

Phone: 1-800-228-3957

Web: 3M.com/Medical



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