

3M Medical Solutions

**How to Apply 3M™ Cavilon™
Advanced Skin Protectant**
for Prevention and Management
of Incontinence-Associated
Dermatitis (IAD)

Home Care Guide



The work you do matters.

Your health care provider has recommended that you use 3M™ Cavilon™ Advanced Skin Protectant. This product is a liquid that is specially designed to protect your skin from stool and urine. It goes on clear and then dries to form a very thin, but very protective coating. It can be used on healthy skin or skin that is irritated and sore. Use this step-by-step guide to help you apply the product.

If you have any questions about Cavilon Advanced Skin Protectant, please contact your health care provider or contact 3M.

Phone: 1-800-228-3957

Web: 3M.com/Medical

Caution: Federal Law (U.S.A.) restricts the device to sale by or on the order of a health care professional.

Refer to the Cavilon Advanced Skin Protectant product insert for additional information regarding contraindications, precautions and warnings.

Supplies needed

- 3M™ Cavilon™ No-Rinse Skin Cleanser or plain water
- Lint-free soft cloths
- 3M™ Cavilon™ Advanced Skin Protectant
- Disposable exam gloves
- Small plastic bag (for soiled cloths, gloves and applicator)

Prepare the supplies

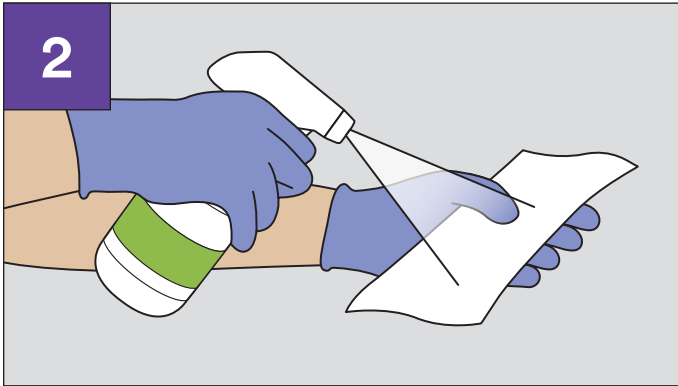


Gather and prepare your supplies.

Open the package of 3M™ Cavilon™ Advanced Skin Protectant and leave the applicator in the plastic pouch.

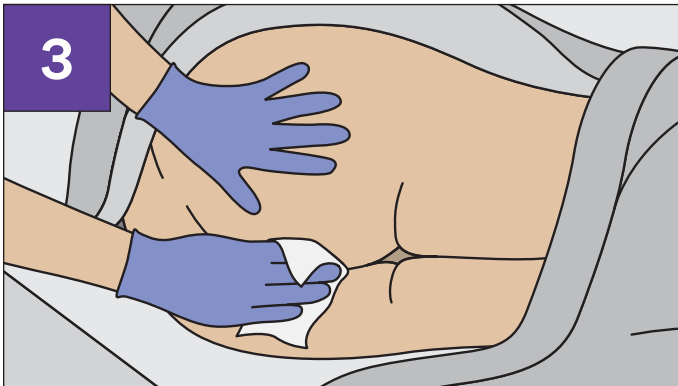
Important: Do not take the applicator apart or remove the sponge from the applicator. Use the product as it is provided.

Cleanse the skin



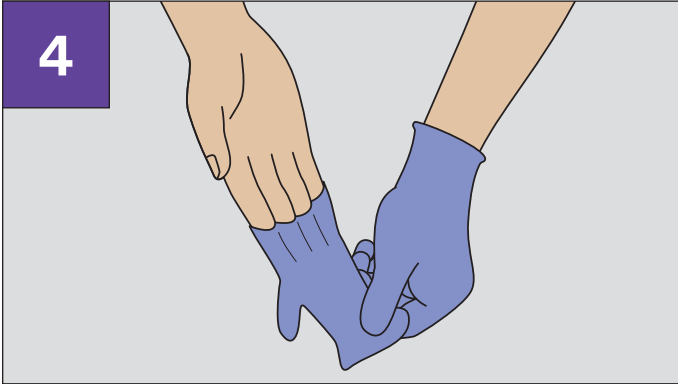
Put on exam gloves.

Moisten several lint-free soft cloths with 3M™ Cavilon™ No-Rinse Skin Cleanser or plain water.



Cleanse skin thoroughly and gently with 3M™ Cavilon™ No-Rinse Skin Cleanser or plain water. Gently dry areas of intact skin as needed.

Change gloves

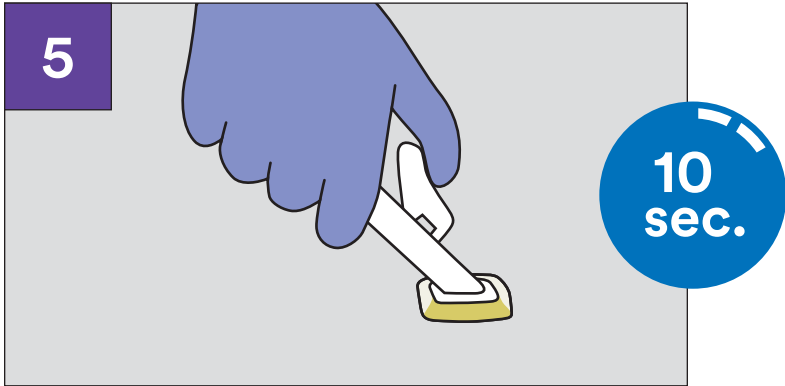


Remove your gloves and put in plastic bag.

Put on a new set of disposable gloves before applying 3M™ Cavilon™ Advanced Skin Protectant.

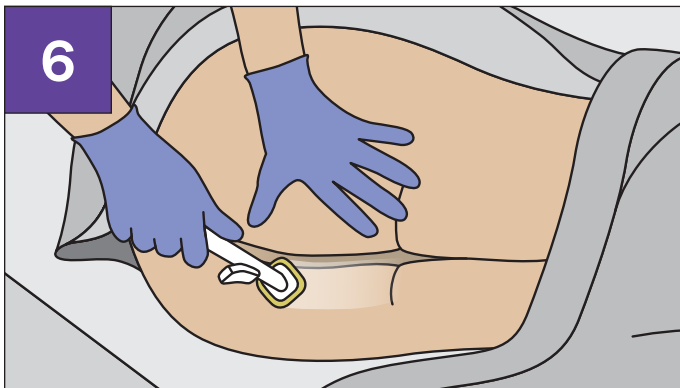
**More instructions
flip for steps 5, 6 and 7**

Apply 3M™ Cavilon™ Advanced Skin Protectant



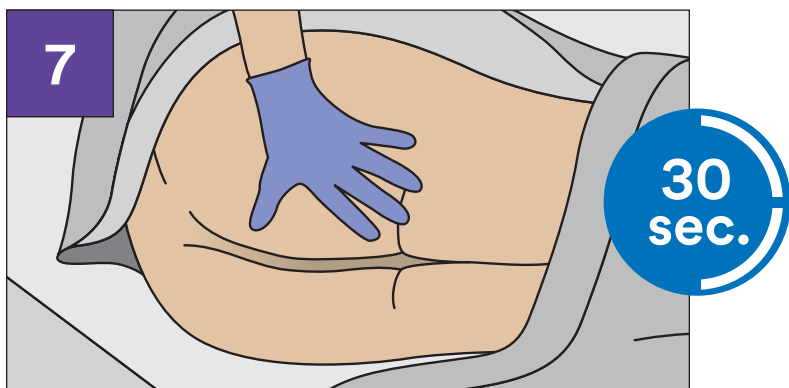
Place your thumb at the end of the lever and firmly depress to break the internal ampule. Point in a downward position for approximately 10 seconds to allow fluid to flow into the foam sponge. Fluid will not completely saturate the sponge to the edges.

The fluid flows by gravity so you don't need to maintain pressure on the lever.



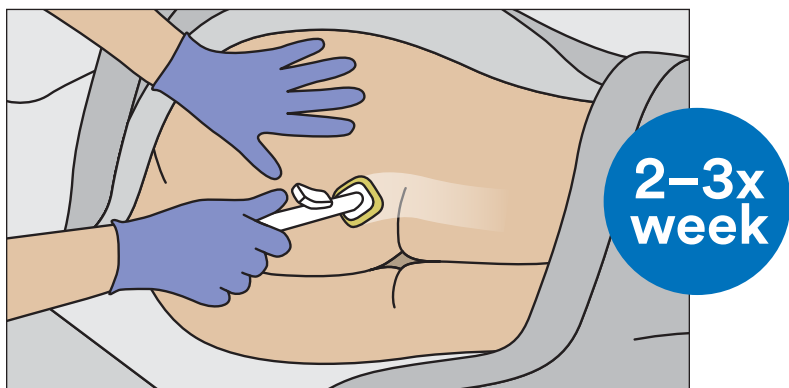
Gently press the foam sponge against the skin. Use an even, sweeping motion to wipe the foam sponge across the skin. Apply the product with minimal overlap and continue application until the entire wound area has been covered.

*Firm pressure against the skin or downward pressure on the applicator is **not** needed and may result in excessive wetness or pooling of fluid.*



If 3M™ Cavilon™ Advanced Skin Protectant is applied within a skin fold or other areas of skin-to-skin contact, make sure that the skin surfaces are separated to allow the fluid to dry completely (at least 30 seconds) before allowing skin to return to the normal position.

Reapplication



Reapply 3M™ Cavilon™ Advanced Skin Protectant 2–3 times per week or as directed by your health care provider. More frequent applications may result in buildup of the product.

More than one applicator may be used to cover large areas. After use, throw the applicator away. Unused fluid will become solid and cannot be saved for future use.

If you have questions on how to use 3M™ Cavilon™ Advanced Skin Protectant, please contact your licensed health care provider.

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