

# HOW LONG CAN YOU KEEP YOUR TEETH CLEAN?

Color in a tooth for every day you do your 1-2-3's.



Keeping your teeth clean is as easy as 1-2-3:

1. Floss once a day.
2. Brush your teeth in the morning for 2 minutes.
3. Brush your teeth again before you go to bed!

Fill up my whole trunk to help keep your teeth strong and clean like mine!

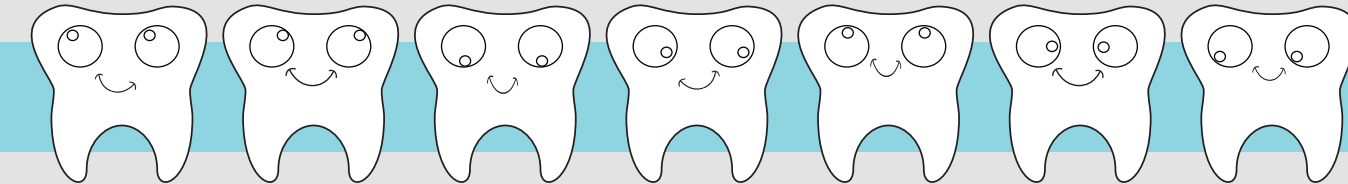
At the end of the week, if you have cleaned your teeth every day, fill-in the dots on Ellie's trunk.

MONTH: \_\_\_\_\_

WEEK 1



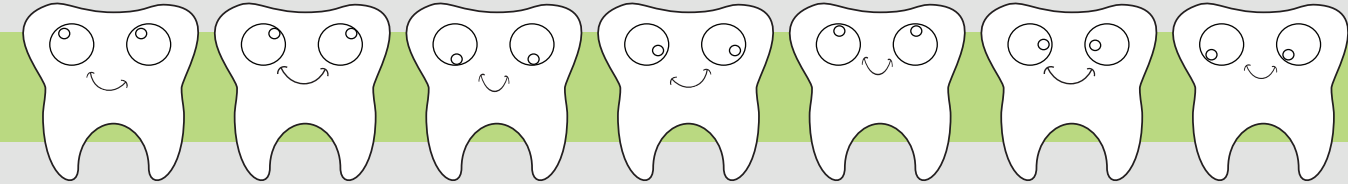
WEEK 2



WEEK 3



WEEK 4



WEEK 5



NAME: \_\_\_\_\_