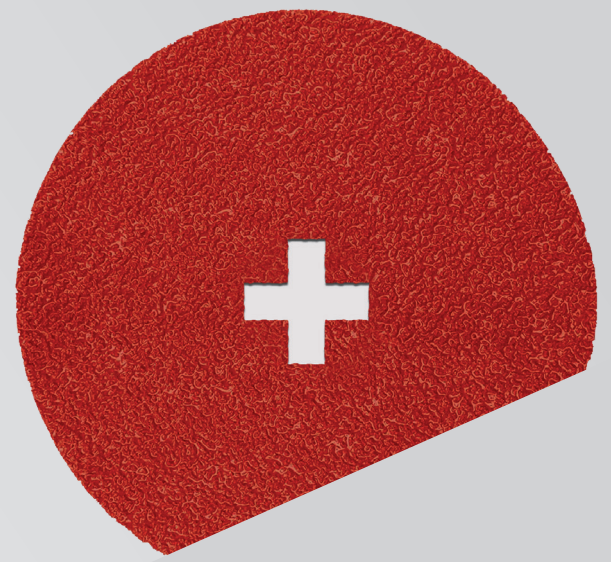


Using abrasives.

Hazards in the workplace,
recognise the signs.



HAVs



Tingling fingers or loss
of strength



White finger tips



Red finger tips



Staying safe:

Ensure you take regular breaks,
keep hands warm and exercise
hands and fingers. Choose the
right abrasive for the application
and don't exert too much pressure
on the abrasive.

Dust particles



Can cause irritation



Can trigger inflammation,
allergic reactions and short
and long-term respiratory
problems.



Staying safe:

Ensure you wear respiratory
protection and use Local Exhaust
Ventilation (LEV).

Noise reduction



Can cause temporary or
permanent hearing loss



Noise Induced Hearing
Loss is not reversible,
but it is preventable



Staying safe:

Ensure you have suitable hearing
protection appropriate for your task.

Injuries



Cuts, burns, itchy skin



Damage to skin and eyes



Staying safe:

Always use machine guards, check
and fit abrasive products properly
and always wear appropriate PPE.

For further information on how to reduce abrasive hazards in the workplace,
please contact your 3M sales representative or visit

www.3M.co.uk/safetybuiltin