

Introducing 3M™ Xerostomia Relief Spray.



Xerostomia is common — and commonly undetected.

Even your most outspoken patients can be silenced by xerostomia, a medical condition that occurs when the quantity or quality of saliva in their mouth decreases. It can increase their risk of dental caries and greatly impacts patients' quality of life, making it difficult to chew, taste, swallow and speak. While the incidence of xerostomia is as high as 65%, many patients don't realize they may suffer from it and won't mention their symptoms.¹ Early detection and management are key to preventing xerostomia's damaging effects.

Clinically proven performance

3M Xerostomia Relief Spray is a professional-grade solution designed to provide rapid, effective and convenient relief of xerostomia symptoms. It's simple to use, and patients can apply it wherever they are, at any time of day. And it's available only by prescription from a dental professional.

- Rapid, long-lasting relief for up to four hours
- Lipid-based spray moistens and lubricates the mucosa
- Convenient spray vial — no mixing or rinsing required

Common signs of xerostomia:

- | | |
|---|--|
| ✓ Dental mirror sticks to the patient's tongue and/or buccal mucosa | ✓ Patient's oral mucosa, especially their palate, appears glassy |
| ✓ Patient has frothy saliva | ✓ Patient's tongue is lobulated or fissured |
| ✓ Saliva doesn't pool in the floor of the patient's mouth | ✓ Patient has cervical caries on more than two teeth |
| ✓ Patient's tongue shows generalized shortened papillae | ✓ Debris sticks to the patient's teeth or palate |

In a clinical study,
the effectiveness
of 3M Xerostomia
Relief Spray was clear:



92%

of patients saw an improvement in their dry mouth symptoms.²



84%

of patients indicated that it improved their quality of life.²



It's time to speak up about xerostomia.

What you need to know about xerostomia:

Xerostomia can be caused or exacerbated by more than 700 medications, both over-the-counter and prescription.³ Cancer therapies can change the nature and amount of saliva produced. And common medical conditions, such as diabetes and autoimmune disorders, can also cause xerostomia.

Other conditions associated with xerostomia:

- Asthma
- Depression/anxiety
- Diabetes
- Hypertension
- Sjögren's syndrome

Medications that can cause xerostomia:

- Antiacne agents
- Antianxiety agents
- Anticonvulsants
- Antidepressants
- Antidiarrheal agents
- Antidysrhythmics
- Antihistamines
- Antinausea agents
- Antipsychotics
- Anorexiants
- Antacids
- Bronchodilators
- Decongestants
- Diuretics
- High blood pressure medications
- Muscle relaxants
- Narcotic analgesics
- Nonsteroidal anti-inflammatory drugs (NSAIDs)
- Opioid analgesics
- Parkinson's disease medications
- Sedatives
- Smoking-cessation agents
- Urinary incontinence agents

Provide prescription relief to your patients today.

Empower your patients to improve their quality of life by prescribing 3M™ Xerostomia Relief Spray. It's available only by prescription, but we offer two easy ordering options for your convenience:

1. Mail-order through Transition Pharmacy (TPS).

You write the prescription, and TPS does the rest. TPS will help your patients understand their insurance coverage and mail the product directly to their home.

- Complete the prescription order form and fax to 1-866-694-2555
- If you would like to use e-prescribing, refer to the information on the bottom of the prescription order form

2. Dispense directly from your office.

Order a supply of 3M Xerostomia Relief Spray, from a 3M authorized distributor, to always have prescription relief on hand when your patients need it most.

3M™ Xerostomia Relief Spray — Prescription Only

Item #	Product Information
12137	3M™ Xerostomia Relief Spray – Two 10 mL vials

Note: To download a prescription order form, visit 3M.com/RxFormTPS

 **Learn more: 3M.com/xerostomia**



3M Oral Care

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¹ADA Science Institute, C. (2017). Oral Health Topics: Xerostomia (Dry Mouth). JADA. www.ada.org/en/member-center/oral-health-topics/xerostomia.

²Mouly, S., Orlor, J. B., Tillet, Y., Coudert, A. C., Oberli, F., Preshaw, P., Bergmann, J. F. Efficacy of a new oral lubricant solution in the management of psychotropic drug-induced xerostomia, *Journal of Clinical Psychopharmacology* 2007; Volume 27, No 5.

³Lamoreux, D. (2014, March 11). Finding comfort with a dry mouth. www.rdhmag.com/articles/print/volume-34/issue-3/features/finding-comfort-with-a-dry-mouth.html.

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70-2013-7041-1 (Rev 5/2019)