If your safety harness is weighing you down,

Lighten up
A full-body harness that lightens the load.

For decades, safety harness designers have prioritized one thing above all else: Protecting you during a fall. This focus has led us to innovate powerful technology to get at-height workers home safely, day-in and day-out.

Better safety is always good, but more technology can mean less mobility and comfort—and added weight on your shoulders. The result may leave you feeling sore, fatigued and less productive by the end of the workday.

It’s time somebody saw this from your point of view.

Introducing the 3M™ DBI-SALA® ExoFit™ STRATA™ Full-Body Harness.

The most comfortable, lightest-wearing, truly innovative safety harness we’ve ever created.

Seeing things from your perspective.

To develop a superior safety harness, first you have to get your hands dirty. That’s why we spent thousands of hours researching, collaborating with specialists and, most importantly, talking to actual at-height workers in the field. The result was the 3M™ DBI-SALA® ExoFit™ STRATA™ Full-Body Harness: The perfect combination of advanced safety features and an incredibly lightweight feel.

Tested in the lab. Proven in the field.

After receiving positive feedback from users on the job, it was time to test the ExoFit STRATA against the competition. We partnered with researchers from the Sweere Center for Clinical Biomechanics and Applied Ergonomics at Northwestern Health Sciences University, and pitted the ExoFit STRATA against the Miller® AirCore™ and FallTech® FlowTech® safety harnesses. The results speak for themselves.

ExoFit STRATA with LIFTech™ delivers:

<table>
<thead>
<tr>
<th>Percentage</th>
<th>Feature Description</th>
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<tbody>
<tr>
<td>85%</td>
<td>Less shoulder weight while standing compared to Miller® AirCore™ harness</td>
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<tr>
<td>66%</td>
<td>Less shoulder weight while standing compared to FallTech® FlowTech® harness</td>
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<tr>
<td>+</td>
<td>Virtually no impact on range of motion or body temperature</td>
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Total comfort & productivity, all day long.

The LIFTech Load Distribution System redistributes the weight from pressure points on your shoulders and spreads it out to the base of your hips, helping reduce soreness and fatigue. It’s available on all belted models of the ExoFit STRATA.
**1. PolarMesh™ Padding**  
**Keeps your back cool**  
Allows greater airflow to your back, providing superior breathability to keep you cool.

**2. Revolver™ Vertical Torso Adjuster**  
**Maintains a perfect fit**  
Easily stores excess webbing, locking it in place and out of your way while maintaining the perfect fit.

**3. Tri-Lock Revolver™ Connectors**  
**Locks down loose ends**  
Stores additional excess webbing and provides an extra layer of security around your legs.

**4. Tech-Lite™ Aluminum Side & Dorsal D-Rings**  
**Secures your safety**  
Maximize reliability without adding extra weight.

**5. EZ-Link™ Quick SRL Adapter**  
**Connects you quickly**  
Simplifies connecting and disconnecting your personal self-retracting line.

**6. LIFTech™ Load Distribution System**  
**Frees your shoulders**  
Featured on models with belts, it redistributes the weight of your gear from pressure points on your shoulders and spreads it out to the base of your hips.
3M™ DBI-SALA® 
ExoFit™ STRATA™ 
Full-Body Harnesses

Heavy on features. Light on your back.

EZ-Link™ Quick SRL Adapter
No more messing around with the webbing to attach your personal Self-Retracting Lifelines (SRLs). The EZ-Link Quick SRL Adapter lets you quickly attach SRLs to a durable connection point while keeping your dorsal D-ring available. This reduces connection and disconnection time up to 80% compared to competitive harnesses.

LIFTech™ Load Distribution System
All-day comfort and productivity is finally within reach. The revolutionary LIFTech Load Distribution System—available on all belted models of the ExoFit STRATA—features an adjustable “spine” that lifts the weight off of your shoulders and transfers it to the base of your torso. Tests resulted in a reduction of forces on shoulders up to 85% compared to leading competitor harnesses, including the FallTech® FlowTech® and Miller® AirCore®.

Front Snap D-Ring
The front D-ring snaps into a vertical position for use with fall arrest or vertical systems. When not in use, it easily stores flat against the chest strap to keep it stowed and out of the way.

Lanyard Keepers
The highly durable breakaway lanyard keepers automatically reset when hooks are pulled out. They’re conveniently designed to be adjusted to any position or placement along the webbing.
**Vest-Style Harnesses without LIFTech™**

**1112478 ExoFit STRATA Vest-Style Harness**
Aluminum back D-rings, Tri-Lock Revolver™ Quick-Connect Buckles, comfort padding. (XLarge)
- 1112475 Small
- 1112476 Medium
- 1112477 Large
- 1112479 2XL

**1112483 ExoFit STRATA Vest-Style Harness**
Aluminum back and side D-rings, Tri-Lock Revolver Quick-Connect Buckles, comfort padding. (XLarge)
- 1112480 Small
- 1112481 Medium
- 1112482 Large
- 1112484 2XL

**1112533 ExoFit STRATA Vest-Style Climbing Harness**
Aluminum back, front and side D-rings, tongue buckle leg straps, Tri-Lock Revolver chest strap, comfort padding. (XLarge)
- 1112530 Small
- 1112531 Medium
- 1112532 Large
- 1112534 2XL

**1112493 ExoFit STRATA Vest-Style Harness**
Aluminum back, front, and side D-rings, Tri-Lock Revolver Quick-Connect Buckles, comfort padding. (XLarge)
- 1112490 Small
- 1112491 Medium
- 1112492 Large
- 1112494 2XL

**1112523 ExoFit STRATA Vest-Style Harness**
Aluminum back and side D-rings, tongue buckle leg straps, Tri-Lock Revolver chest strap, comfort padding. (XLarge)
- 1112520 Small
- 1112521 Medium
- 1112522 Large
- 1112524 2XL

**1112503 ExoFit STRATA Vest-Style Harness**
Aluminum back and side D-rings, Duo-Lok™ Quick-Connect Buckles, comfort padding. (XLarge)
- 1112500 Small
- 1112501 Medium
- 1112502 Large
- 1112504 2XL