

Nasal Decolonization Protocol Example

A sample protocol to assist you in establishing your facility's protocol

Purpose: The purpose of this document is to provide health care facilities with an example protocol that can aid in assisting in the design and implementation of a nasal decolonization protocol. It is up to each facility to develop their own protocol, customized to their policies, practices, and applicable laws and regulations. This document serves only as an example and is not intended to provide prescriptive medical guidance.

Program Overview

Pre-op (at home) – Patient will

- Take shower at bedtime the night before surgery, preferably with antimicrobial soap
- Apply CHG (wipes or wash) to whole body below neck
- Sleep in clean clothes on clean sheets
- Shower again in the morning with antimicrobial soap
- Dress in clean clothes to report to hospital

Pre-op (at hospital) – Staff will

- Instruct/ assist patient with CHG wipes to whole body below neck
- Apply 3M™ Skin and Nasal Antiseptic to nares per manufacturer's product instructions

Post-op

- Staff to follow current protocol for post-op patient care, as per physician's orders

Area Responsibilities

Medical Office Responsibilities:

- Implement use of latest order set with 3M™ Skin and Nasal Antiseptic listed as a choice
- Instruct patients on the protocol
- Ensure any patient education materials are updated with new protocol
- Assess patient for sensitivity. If patient states sensitivity to povidone-iodine based on prior experience, do not apply povidone-iodine solution
- Give patient CHG (wipes or wash) to use the night before unless they are referred to the Preoperative Assessment Clinic (PAC)

Preoperative Assessment Clinic Responsibilities:

- Provide patient information consistent with basic program components above
- Send patient home with CHG (wipes or wash)

Pre-op Area Responsibilities:

- Instruct/assist patient with CHG application to whole body below neck for the following procedures: hip, knee, shoulder, fusion, complex hernias
- Apply 3M™ Skin and Nasal Antiseptic to nares per manufacturer's product instructions for all procedures listed above

Cardiac Cath Lab (CCL) Responsibilities:

- Instruct/assist patient with CHG application to whole body below neck for the following procedures: pacemaker, TAVR, mitral valves, pulmonic valves
- Apply 3M™ Skin and Nasal Antiseptic to nares per manufacturer's recommendations for all procedures listed above

Trauma or Bypassing Pre-op Responsibilities:

- Apply 3M™ Skin and Nasal Antiseptic to nares per manufacturer's product instructions as soon as possible