

CLINPRO 5000[®]

anti-cavity toothpaste

Sodium fluoride

Consumer Medicine Information

What is in this leaflet

This leaflet answers some common questions about CLINPRO 5000.

It does not contain all the available information. It does not take the place of talking to your doctor, dentist or pharmacist.

All medicines have risks and benefits. Your doctor or dentist has weighed the risks of you using CLINPRO 5000 against the benefits they expect it will have for you.

If you have any concerns about using this medicine, ask your doctor, dentist or pharmacist.

Keep this leaflet with the medicine.

You may need to read it again.

What CLINPRO 5000 is used for

CLINPRO 5000 is a high concentration sodium fluoride toothpaste for use by patients who have a high risk of dental decay (caries) as part of a caries prevention programme. Scientific research concludes that when toothpaste containing a relatively high amount of fluoride is applied to the teeth, it offers increased protection against acid attack from decay causing bacteria in the mouth.

CLINPRO 5000 is used following recommendation by a dental or medical professional, in the prevention of dental caries in high risk patients to prevent dental decay.

- It helps reverse tooth decay before it becomes a cavity
- Protects the teeth from acid wear and erosion
- Helps to remineralise tooth enamel
- Provides gentle, effective cleaning.

Ask your doctor or dentist if you have any questions about why this medicine has been given to you.

Before you use CLINPRO 5000

When you must not use it

Do not use CLINPRO 5000 if you have an allergy to any of the ingredients listed at the end of this leaflet.

Do not give CLINPRO 5000 to a child under the age of 6 years.

Core CMI for CLINPRO 5000

Do not use if you are pregnant unless your doctor or dentist tells you to

Do not use CLINPRO 5000 after the expiry date printed on the pack or if the packaging is torn or shows signs of tampering.

If you take this medicine after the expiry date has passed, it may not work as well.

If you are not sure whether you should start taking CLINPRO 5000, talk to your doctor or dentist.

Before you start to use it

Tell your dentist or doctor if:

- you have allergies to any other medicines, foods, preservatives or dyes
- you are breast-feeding or intend to breast-feed

If you have not told your doctor or dentist about any of the above, tell them before you use any CLINPRO 5000.

How to use CLINPRO 5000

Follow all directions given to you by your doctor, dentist or pharmacist carefully.

They may differ from the information contained in this leaflet.

If you do not understand the instructions on the packaging, ask your dentist, doctor or pharmacist for help.

How much to use / how to use it

- Use CLINPRO 5000 once daily in place of a conventional toothpaste unless instructed otherwise by a doctor or dentist.
- Apply a thin ribbon or pea-sized amount of CLINPRO 5000 to a soft-bristled toothbrush and brush teeth for at least two minutes.
- After brushing, adults should expectorate. Children 6 to 16 years of age should expectorate and rinse mouth thoroughly with water.
- For best results, do not eat or drink for 30 minutes after use.
- Follow these instructions or use as directed by a dental professional.

How long to use it

Continue using CLINPRO 5000 for as long as your dentist or doctor tells you.

If you use too much (overdose)

If you swallow more than a pea-sized amount of CLINPRO 5000, contact your dentist, doctor or the Poisons Information Centre (Australia: telephone 13 11 26, New Zealand: telephone 0800 764 766) for advice, if you think that you or anyone else may have swallowed too much CLINPRO 5000. Do this even if there are no signs of discomfort or poisoning. You may need urgent medical attention.

While you are using CLINPRO 5000

Things you must do

If you become pregnant while using CLINPRO 5000, tell your doctor or dentist immediately.

Core CMI for CLINPRO 5000

Keep all of your dentist appointments so that your progress can be checked.

Things you must not do

Do not give your medicine to anyone else, even if they have the same condition as you.

Do not stop using CLINPRO 5000 without checking with your doctor or dentist.

Side effects

Allergic reactions have been rarely reported with the use of fluoride toothpastes.

Tell your dentist, doctor or pharmacist if you notice anything that is making you feel unwell while you are using CLINPRO 5000.

All medicines can have side effects. Sometimes they are serious, most of the time they are not.

Ask your dentist, doctor or pharmacist to answer any questions you may have.

After using CLINPRO 5000

Storage

Keep CLINPRO 5000 where the temperature stays below 25°C.

Keep CLINPRO 5000 where children cannot reach it.

A locked cupboard at least one-and-a-half metres above the ground is a good place to store medicines.

Disposal

If your dentist or doctor tells you to stop using CLINPRO 5000 or the expiry date has passed, ask your pharmacist what to do with any that is left over.

Product description

What it looks like

CLINPRO 5000 is a thick white paste available in Vanilla Mint, Spearmint or Bubble Gum flavours.

CLINPRO 5000 is available in a pack size of 113g.

Ingredients

CLINPRO 5000 contains 1.1% w/w of sodium fluoride as the active ingredient.

It also contains:

- purified water
- sorbitol solution 70% non-crystallising
- silicon dioxide
- glycerol
- poloxamer
- flavour (Vanilla Mint, Spearmint or Bubble Gum)
- macrogol 600
- sodium lauryl sulphate
- titanium dioxide
- carmellose sodium
- saccharin sodium

Core CMI for CLINPRO 5000

- TCP-SLS (modified tricalcium phosphate).

CLINPRO 5000 does not contain lactose, sucrose, gluten, tartrazine or any other azo dyes.

Distributor

CLINPRO 5000 is distributed in Australia by:

3M Australia Pty Limited
Building A
1 Rivett Road
North Ryde, NSW 2113.

CLINPRO 5000 is distributed in New Zealand by:

3M New Zealand Limited
94 Apollo Drive
Rosedale
Auckland 0632.

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AUST R numbers:

- CLINPRO 5000 Vanilla Mint: AUST R 219455
- CLINPRO 5000 Spearmint: AUST R 219462
- CLINPRO 5000 Bubble Gum: AUST R 219456