

**3M™ Tegaderm™ Silicone Foam Border Dressings**

# **Sacral and Heel Application Guide**



# Sacral and Heel Application Guide

## Prior to application

1. Cleanse wound and surrounding skin according to facility policy.
2. Dry surrounding skin.
3. Assess wound.
4. Select appropriate size dressing to ensure that the foam pad is larger than wound area.

## Sacral Application Preparation and Placement



Remove dressing from package and fold it in half.



Holding side tabs together, remove the white liner.



Holding side tabs, position the dressing over the wound. Spread buttocks for better placement.



Beginning at gluteal cleft, gently press dressing to skin from center outward.



Beginning at the center, remove dressing's blue paper delivery system one section at a time by pulling toward dressing's outer edge.



Press to conform dressing to covered skin area.

## Assessment



Beginning at the top of the dressing, lift the adhesive border from the skin using two hands.



Gently pull back the dressing to visualize underlying bony prominences.



Re-adhere dressing. Smooth borders and adjust if necessary to eliminate folds.



## Heel Application

### Preparation and Placement



1 Remove dressing from package and fold it in half.



2 Holding side tabs together, remove the white liner.



3 Position the dressing over the wound. Beginning on plantar aspect of the heel, gently press the dressing's bottom half to skin.



4 Remove the first portion of blue paper delivery system by pulling tabs toward the dressing's outer edge.



5 Mold remainder of dressing over the posterior aspect of the heel, overlapping dressing edges if necessary.





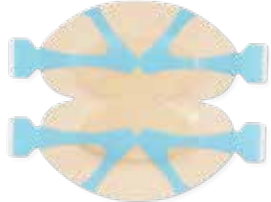

6 Remove remainder of blue paper delivery system. Press to adhere dressing to skin.

## Additional Information

The 3M™ Tegaderm™ Silicone Foam Border Dressing may remain in place up to seven days. Frequency of changes is determined by type of wound, volume of exudate and clinical situation. When exudate spreads to the dressing's edges or the dressing begins to leak, a change is indicated.

When used for prevention of pressure ulcer/injury, it is necessary to assess underlying skin per your facility protocol.

To remove, carefully lift dressing edge from skin. If the dressing is adhered to wound surface, saturate with normal saline and gently loosen. Continue lifting until dressing is free from skin surface.

	Product	Cat Number	HCPCS Code	Size	Dressings/ Box	Boxes/ Case
	Non-Bordered Dressing	90631	A6210	4 in. x 4.25 in 10 cm x 10.8 cm	10	4
	Non-Bordered Dressing	90632	A6210	6 in. x 6 in. 15 cm x 15 cm	10	4
	Bordered Dressing	90643	A6212	2 in. x 2 in. 5 cm x 5 cm	10	6
	Bordered Dressing	90640	A6212	3 in. x 3 in. 7.5 cm x 7.5 cm	10	6
	Bordered Dressing	90641	A6212	4 in. x 4 in. 10 cm x 10 cm	10	6
	Bordered Dressing	90642	A6213	6 in. x 6 in. 15 cm x 15 cm	10	4
	Heel & Contour	90646	A6212	6.5 in x 6.5 in 16.5 cm x 16.5 cm	5	4
	Small Sacral	90647	A6213	6 in. x 6.75 in. 15 cm x 17 cm	10	4
	Large Sacral	90648	A6213	7.25 in. x 8.75 in. 18.5 cm x 22 cm	5	4

Visit [3M.com/SiliconeFoam](https://www.3M.com/SiliconeFoam) to learn more and to request a free product sample.



**3M Company**  
2510 Conway Avenue  
St. Paul, MN 55144 USA

Phone 1-800-228-3957  
Web [3M.com/medical](https://www.3M.com/medical)

© 3M 2021. All Rights reserved. 3M and the other marks shown are marks and/or registered marks. Unauthorized use prohibited. 3M marks used under license in Canada. 70-2011-6790-8