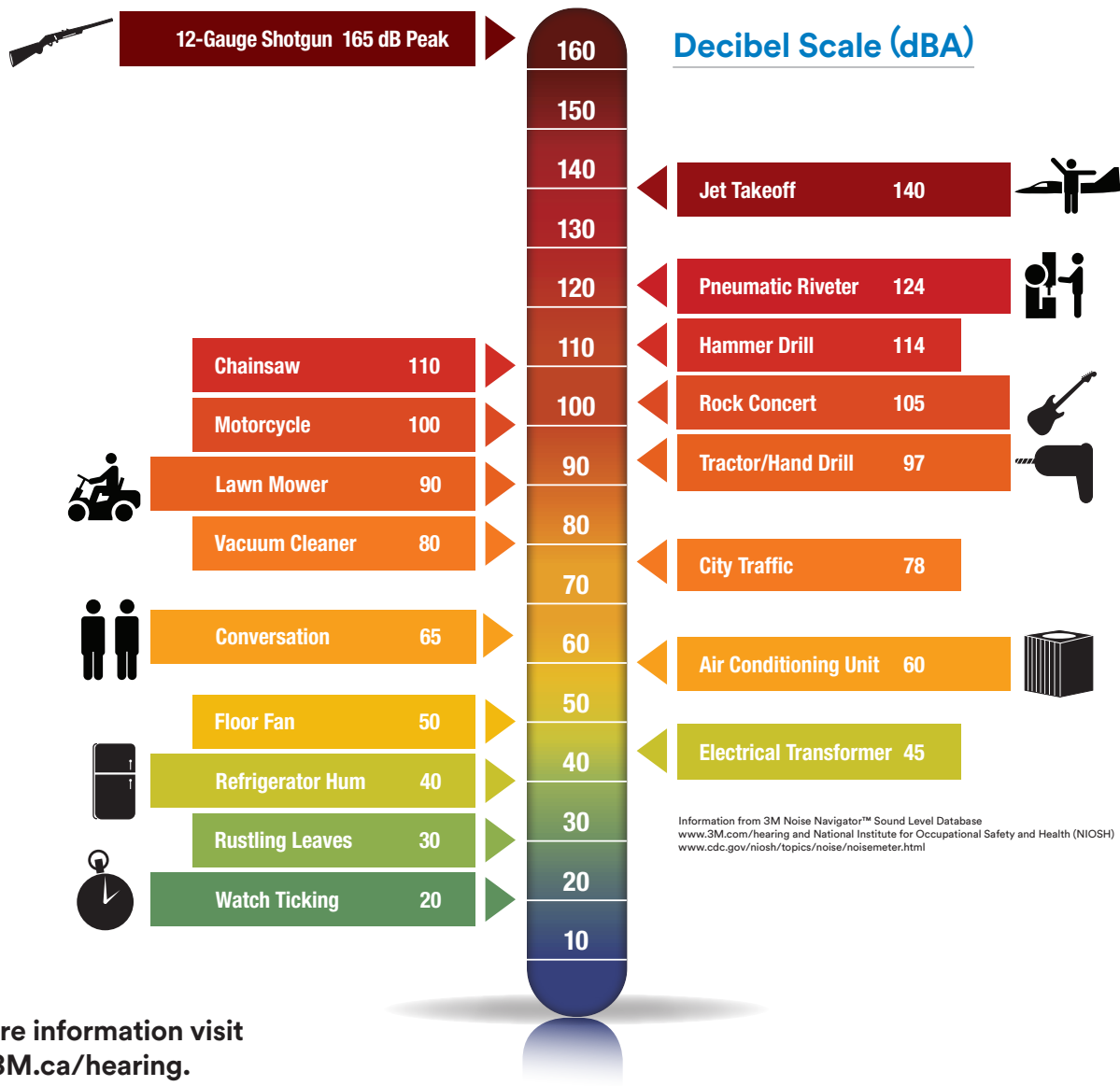


# The Sound Around Us

Noise is everywhere.  
And much of it can be harmful to your hearing.

Even common sounds you hear at work or home can contribute to long term hearing loss and other health risks. Over time, noise at or above 85 dBA can damage hearing and cause ringing in the ears. Reduce these sound levels by using hearing protection in loud environments. Protect your ears from loud noise so you can enjoy the soft sounds.



For more information visit  
[www.3M.ca/hearing](http://www.3M.ca/hearing).