

3M™ Tegaderm™ High Performance Foam Non-Adhesive Dressing Application and Removal Instructions

PRIOR TO APPLICATION

Follow Universal Precautions and facility guidelines for infection control. Wash or sanitise hands, set up a clean field with supplies, apply gloves.



CLEANSE THE WOUND

1. Cleanse wound and periwound skin according to your institution's protocol. Dry the area around the wound with dry gauze. Note: Do not use the dressing in combination with oxidising agents such as hydrogen peroxide or hypochlorite solution. These solutions may affect the structure and performance of the polyurethane foam.

ASSESS THE WOUND

2. Observe the wound for signs of infection. If infection occurs, see a health care professional. Tegaderm™ foam dressing may be used on infected wounds only under the care of a health care professional. Remove soiled gloves and wash or sanitise hands. Apply clean gloves. Note: If periwound skin is fragile or exposure to wound exudate is likely, apply a barrier film, such as 3M™ Cavilon™ No Sting Barrier Film. Let dry.

DRESSING APPLICATION

- 1a. Select appropriate size dressing to ensure foam pad is larger than the wound area. The dressing may be cut to accommodate wound contours.
- 1b. Remove the Tegaderm™ High Performance Foam Non-Adhesive Dressing from package.
2. Position the dressing, printed side up, over the wound with edges overlapping onto intact skin. Secure with elastic or cohesive wrap, tape or other methods (see Dressing Secural Options).

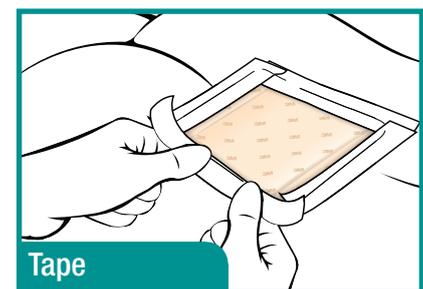


Step 2

DRESSING SECURAL OPTIONS

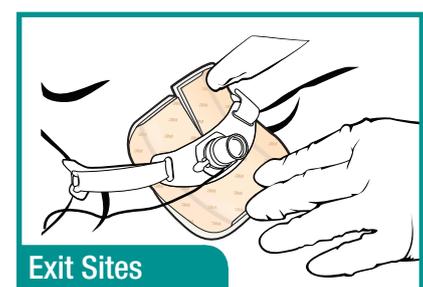
Tape: Picture frame the dressing with tape (3M™ Kind Removal Silicone Tape, 3M™ Medipore™ H Soft Cloth Tape or 3M™ Micropore™ Tape).

Note: To maintain moisture vapour evaporation, tape only edges of the dressing in picture frame manner.



Tape

Tube Exit Sites: When using the dressing for absorption and cushioning of tube sites (such as tracheostomy or gastric tubes), the dressing may be held in place by the tube itself or secured by taping the edges of the dressing in a picture frame manner.

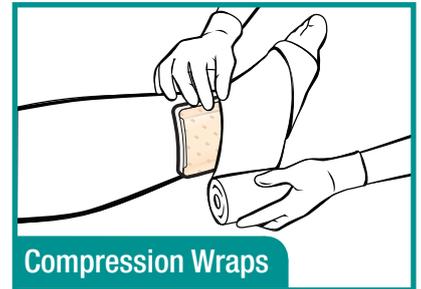


Exit Sites

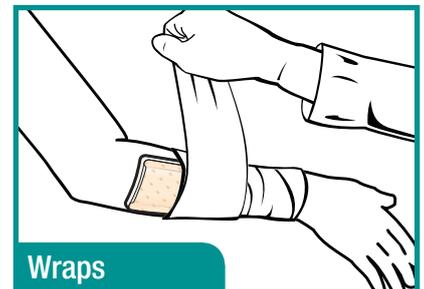
DRESSING SECURAL OPTIONS CONTINUED

Lower Extremity Compression Wraps:

The dressing may be used under compression wrap systems such as 3M™ Coban™ 2 Layer Compression System. Additional taping is typically not required.

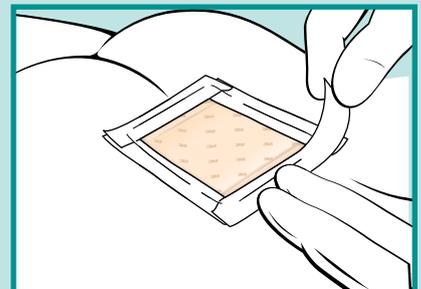


Wraps: When dressing an extremity, secure the dressing with a gauze wrap, a self-adherent wrap (3M™ Coban™ Self-Adherent Wrap), tubular stockinette or an elastic wrap.



REMOVAL INSTRUCTIONS

1. Gently remove adhesive tape border or overwrap.
2. Lift foam dressing from the wound bed. If dressing is adhered to the wound surface, saturate with normal saline and gently loosen.
3. Discard dressing according to your institution's policy.



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