

TUBE SITE SKIN INTEGRITY

Application

Help Manage Complex Tracheostomy Sites: Wound and Peristomal Skin Integrity

Complicated tracheostomy tube sites present a significant challenge to the clinician and patient. Common problems associated with these situations include compromised skin integrity from excessive moisture due to wound drainage, secretions and perspiration as well as pressure and friction from the tracheostomy collar and tube stabilization ties. These problems can lead to severe pain as well as increased risk of wound contamination and infection. Here are the key steps and 3M Skin Health Product Solutions to help manage these complicated sites.

Step 1 – Clean the wound and skin around the tube

Gently cleanse the wound and site with normal saline and pat dry.

Step 2 – Protect the skin around the wound and tube

Apply 3M™ Cavilon™ No Sting Barrier Film to provide a protective film barrier over the skin exposed to drainage or where an adhesive product may be applied. Use the 1.0 mL wipe or 1.0 mL wand applicator. Be sure to allow the barrier film to dry thoroughly.

If a peristomal wound is present and has depth, consult the MD/wound care specialist for recommendations.

Step 3 – Apply the dressing

Apply fenestrated 3M™ Tegaderm™ Foam Dressing (nonadhesive) (Catalog #90604) grid side out, split side up, sliding the dressing under the trach ties. Ensure ties are secure but not constricting, allowing space for one finger under ties.

Other sizes of 3M™ Tegaderm™ Foam Dressings are available and all dressings can be customized for your patient needs. Ask your 3M Sales Representative for additional information.

Step 4 – Change the dressing

Replace dressing per facility guidelines or when dressing becomes saturated. If wound exudate appears under the film/grid to within 1–2 cm of the edge, it's time to change the dressing.

For further information about this problem, please request a copy of the 3M case study titled "Collaborating to Improve Outcomes Related to Tracheostomy Skin Integrity in a Long-term Acute Care Hospital," by B. Hanks and D. Nix, (70-2009-3285-6).



*Peristomal Tracheostomy
Skin Breakdown*



*3M™ Foam Dressing (nonadhesive)
Following Tracheostomy Care*

TUBE SITE SKIN INTEGRITY

Application

Help Prevent Skin Damage Around Tubes and Drains

Chemical irritation is the most common problem associated with leakage around tubes and drains. Skin damage may be prevented by careful attention to skin preparation and protection. Here are the key steps and 3M Skin Health Product Solutions to help maintain skin integrity.

Step 1 – Clean the skin around the tube or drain

Gently cleanse skin with 3M™ Cavilon™ Skin Cleanser. Rinsing is not required. If desired, the cleanser may be rinsed with warm water.

Step 2 – Protect the skin around the tube or drain

Apply 3M™ Cavilon™ No Sting Barrier Film to provide a protective film barrier over the skin exposed to drainage or where an adhesive product will be applied. Allow Cavilon No Sting Barrier Film to dry thoroughly before applying any adhesive products. The barrier film is removed with adhesive product removal; reapply the barrier film to protect the skin before a new adhesive product is applied.

Step 3 – Stabilize the tube or drain to prevent excess movement within the site

Consult an ET/WOC Nurse if available.

For further information about selecting tapes for tube or dressing secureal, please refer to the brochure entitled, "3M™ Surgical Tapes and Adhesive Skin Closures: Solutions for Adhesive Skin Closure, Dressing and Device Secureal." An expanded and more in-depth version of this booklet is available from your local 3M Sales Representative.



Skin Damage Around Tubes and Drains

Ordering Information:

3M™ Tegaderm™ Foam Dressing (nonadhesive) (Other sizes available)						
Catalog Number	NDC Number	Standard Size	Metric Size	Items/Box	Boxes/Case	HCPCS Code*
90604	8333-9061-40	Fenestrated 3½ in. x 3½ in.	Fenestrated 8,9 x 8,9 cm	10	4	A6209

3M™ Cavilon™ No Sting Barrier Film						
Catalog Number	NDC Number	Size	Wound Care Product	Items/Box	Boxes/Case	HCPCS Code*
3343	8333-3343-01	1.0 mL	wand	25	4	A6250
3344	8333-3344-01	1.0 mL	wipe	25	4	A6250
3345	8333-3345-01	3.0 mL	wand	25	4	A6250
3346	8333-3346-01	28.0 mL	spray	12	1	A6250

3M™ Cavilon™ Skin Cleanser						
Catalog Number	NDC Number	Size	Wound Care Product	Items/Box	Boxes/Case	HCPCS Code*
3380	17518-020-01	8 oz.	bottle	12	1	A6260

*HCPCS codes as referenced in the PSC Local Coverage Determination Surgical Dressing and Ostomy Policies.

HCPCS codes have been provided to assist you in the preparation of Medicare Part B claims. Please note, however, that the reimbursement information provided by 3M Health Care and its representatives is intended to provide general information relevant to coverage and coding for 3M products. Insurers' reimbursement policies can vary and the use of the codes discussed here does not guarantee that an insurer will cover or pay at any particular level. Health care providers should exercise independent clinical judgement in choosing the codes which most accurately describe the products provided.

To learn more about skin care and the Cavilon™ and Tegaderm™ families of products, visit us at www.3M.com/skinhealth, contact your 3M Skin Health representative or call the 3M Health Care Customer Helpline at **1-800-228-3957**. Outside of the United States, contact the local 3M subsidiary.



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