Sondhi™ Signature

Treatment System

the Essence OF EFFICIENCY

3M Unitek

Products that make your life easier.

Sondhi™ Signature

Treatment System

The Essence of Efficiency.

Dr. Anoop Sondhi has dedicated over twenty years to the development of effective and efficient orthodontic treatment systems. Conceptually, effectiveness consists of *doing the right things*, while efficiency requires *doing things right*. When systems are more effective and efficient, they deliver greater productivity by *doing the right things right*.

To put this philosophy and these concepts into practice, doctors and their staff must have the right procedures, the right techniques, and the right appliances. This must all be based on a foundation of uncompromising quality in the finished orthodontic result.

Dr. Anoop Sondhi has a unique insight into the elements required to integrate efficiency and effectiveness into an orthodontic practice and to consistently deliver excellent orthodontic treatment. This translates into a treatment system that incorporates critical elements of office management and organization into an efficient and effective treatment protocol.

The Sondhi™ Signature Treatment System includes information on effective and efficient appliance systems, such as Mini Uni-Twin™ Brackets, and the Sondhi™ Rapid-Set Indirect Bonding System. The efficiency in the design of these systems is at the heart of Dr. Sondhi's treatment philosophy.

This infrastructure is supported by information on the development of a practice with a strong referral base, and staff organization designed to free up the doctor's time for essential tasks. Informative videos on orthodontic consultation and Dr. Sondhi's temporomandibular (TMD) examination are also included.

The advantage of this system is the flexibility to use any or all of these products or concepts in your practice according to your personal treatment protocol. From initial consultation to follow-up treatment, Dr. Sondhi's philosophy encompasses the essence of efficiency.

Anoop Sondhi D.D.S., Indiana University, M.S. University of Illinois. Dr. Sondhi is in private practice in Indianapolis, and is currently a visiting professor for a number of graduate orthodontic programs. He also lectures nationally and internationally on orthodontic treatment and TMD management.

The Right Bond is Critical to Practice Productivity.

Repositioning and rebonding brackets can be a major source of frustration in an orthodontic practice, resulting in considerable loss of clinic and treatment time. When using Dr. Sondhi's preferred treatment methodology, indirect bonding, you can dramatically improve productivity, and decrease the frequency of rebonds.

Dr. Sondhi teaches an indirect bonding system that combines a proven approach: APC™ Adhesive Coated Brackets, and Sondhi™ Rapid-Set Indirect Adhesive. These elements allow you to take full advantage of the benefits of indirect bonding: more accurate bracket placement and less repositioning, and a reduction in the incidence of rebonding. In addition, doctor time is minimized, and simultaneous bonding of all brackets and molar attachments can be achieved. The end result is decreased chair time, less patient discomfort, and greater efficiency and effectiveness in delivering the tooth movement built into the prescription. Staff training for indirect bonding is greatly enhanced with an instructional videotape that is provided with the system.

Dr. Sondhi's choice when direct bonding brackets is also APC Adhesive Coated Brackets, requiring no mixing, no application, and no opportunity for bond failure due to contamination of the base. Doing the right thing right in bracket placement provides a significant enhancement in productivity, with absolutely no compromise in bond quality.

Continuing Education and Staff Development

Dr. Sondhi has developed educational resources designed to help you and your staff members learn about new patient centered consultation techniques, organized clinical examinations and treatment plan presentations, indirect bonding techniques, and office management systems.

To learn about these systems, Dr. Sondhi offers his one and two-day seminars, which will help you understand how to do the right things in the right way.

the Essence of EFFICIENCY Seminars

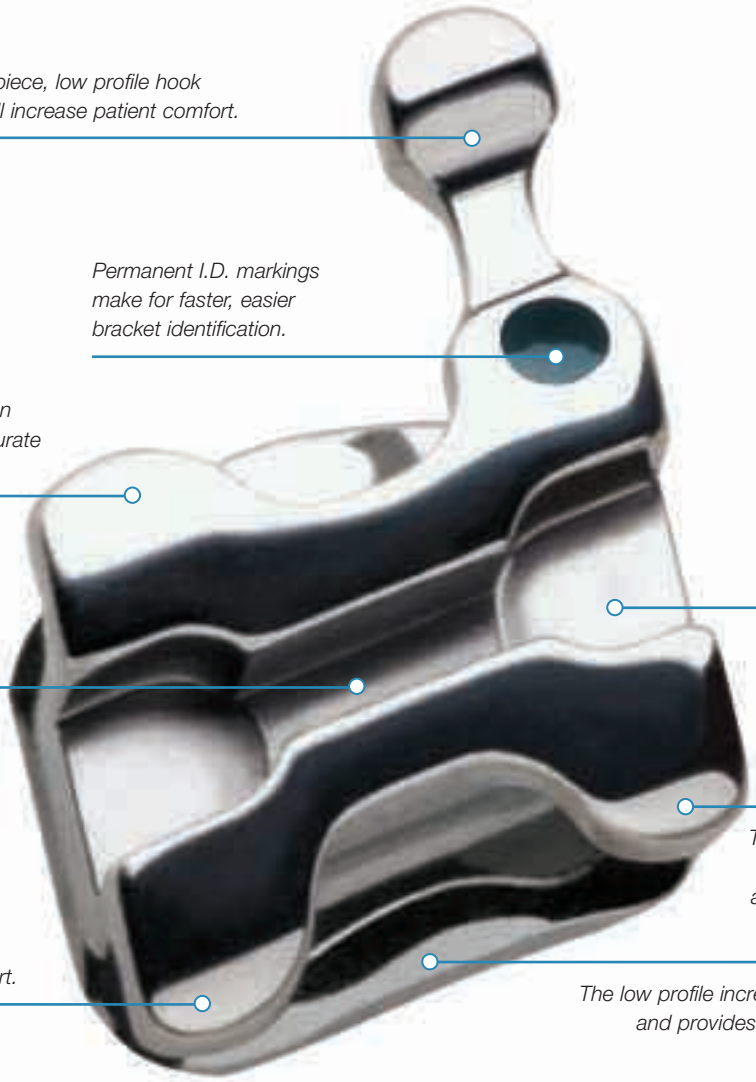
Dr. Sondhi's one-day Effective and Efficient Indirect Bonding seminar features the Rapid-Set Indirect Bonding System, and a demonstration on simultaneously scheduled orthodontic consultations to demonstrate how the doctor's time is more efficiently utilized. The Essence of Efficiency, a two-day seminar, covers a more comprehensive discussion of Dr. Sondhi's treatment system. This will take you and your staff through the process of an organized consultation and treatment plan presentation, the Rapid-Set Indirect Bonding System, archwire sequencing and appropriate utilization of inter-arch elastics, and the construction of an aesthetic and functional prescription. The relative advantages and disadvantages of existing bracket systems are analyzed.

Both seminars are conducted in Dr. Sondhi's Indianapolis office, where custom designed, well-spaced units allow plenty of room for you and your staff to observe and participate in procedures. Lectures are supplemented with copies of his office forms, staff training scripts, and three videos: Effective and Efficient Orthodontic Consultations, Indirect Bonding, and the Sondhi™ Temporomandibular (TMD) Exam. From the initial consultation to the completion of treatment, the material presented in these powerful seminars will make your practice the essence of efficiency.

Bracket

Mini Uni-Twin™

Choose the Right Appliance.



Single piece, low profile hook and ball increase patient comfort.

Permanent I.D. markings make for faster, easier bracket identification.

The tooth-shaped angulation makes for easier, more accurate positioning.

The mesial/distal pockets increase wire deflectability while improving bracket engagement and reducing forces on the teeth.

The centered archwire slot gives greater interbracket distance for more efficient tooth movement.

Twin tie-wings provide rotational control and allow selective ligation for rotation ties.

Sculptured labial surfaces reduce soft tissue irritation and enhance patient comfort.

The low profile increases patient comfort and provides improved aesthetics.

Mini Uni-Twin™

Starting with the right bracket is an important factor in a powerful equation: efficiency + effectiveness = productivity and excellence. The Mini Uni-Twin™ is the right appliance system for Dr. Sondhi's philosophy — *doing the right things right*.

Since the development of Dr. Sondhi's prescription and the Mini Uni-Twin bracket system, significant advantages over traditional twin or single wing brackets have been noted. The ability to engage full size finishing archwires earlier in treatment reduces the overall appointment cycle and treatment time, and this is much more difficult to achieve with traditional twin brackets. With single wing brackets, there are compromises in tip control due to the rotational wings and difficulty in managing oral hygiene due to plaque accumulation around the rotational wings — issues that are overcome with the more patient friendly sculpted Mini Uni-Twin brackets.

Sondhi™ Signature Treatment Series and Mini Uni-Twin — helping you do the right things right for effective and efficient treatment.

Mini Uni-Twin™ Brackets – Selection by Sondhi™ Prescription

Maxillary	Torque	Ang.	Hook	L/R	.018 in.	.022 in.
Central	+22°	5°		UL	2 020-468	2 020-568
	+22°	5°		UR	2 020-469	2 020-569
Lateral	+14°	9°		UL	2 020-471	2 020-571
	+14°	9°		UR	2 020-470	2 020-570
	+14°	9°	D	UL	2 020-413	2 020-513
	+14°	9°	D	UR	2 020-414	2 020-514
Cuspid	+3°	10°		UL	2 020-415	2 020-515
	+3°	10°		UR	2 020-416	2 020-516
	+3°	10°	D	UL	2 020-417	2 020-517
	+3°	10°	D	UR	2 020-418	2 020-518
Bicuspid	-7°	0°		UNIV	2 020-853 0	2 020-953 0
	-7°	0°	D	UL	2 020-855 0	2 020-955 0
	-7°	0°	D	UR	2 020-854 0	2 020-954 0
Mandibular						
Central	-1°	0°		UNIV	2 020-858	2 020-958
Lateral	-1°	0°	UNIV	UNIV	2 020-420	2 020-520
Cuspid	-7°	6°		LL	2 020-451	2 020-551
	-7°	6°		LR	2 020-450	2 020-550
	-7°	6°	D	LL	2 020-453	2 020-553
	-7°	6°	D	LR	2 020-452	2 020-552
First Bicuspid	-11°	0°		UNIV	2 020-466 0	2 020-566 0
	-11°	0°	D	LL	2 020-461 0	2 020-561 0
	-11°	0°	D	LR	2 020-460 0	2 020-560 0
Second Bicuspid	-17°	0°		UNIV	2 020-856 0	2 020-956 0
	-17°	0°	D	LL	2 020-859 0	2 020-959 0
	-17°	0°	D	LR	2 020-860 0	2 020-960 0
					Offset	Offset

Seminars: For information on the Sondhi Essence of Efficiency one-and two-day seminars, contact 3M Unitek Continuing Education at (800) 852-1990 ext. 4649 or (626) 574-4649.

APC **2** Appliance is available in APC™ Adhesive Coated Appliance System.

Victory Series™ Buccal Tubes – Sondhi™ Prescription

	Torque	Offset	L/R	.018 in.	0.22 in.
Upper 1st	-10°	7°	L	2 068-823 **1**	2 068-923 **1**
	-10°	7°	R	2 068-824 **2**	2 068-924 **2**
Upper 2nd	-14°	10°	L	2 067-857 **1**	2 067-957 **1**
	-14°	10°	R	2 067-858 **2**	2 067-958 **2**
Lower 1st	-25°	0°	L	2 067-817 **3**	2 067-917 **3**
	-25°	0°	R	2 067-818 **4**	2 067-918 **4**
Lower 2nd	-25°	6°	L	2 067-837 **3**	2 067-937 **3**
	-25°	6°	R	2 067-838 **4**	2 067-938 **4**
				Base	Base

APC **2** Appliance is available in APC™ Adhesive Coated Appliance System.

1 2 3 4 Buccal Tube is available with a bondable base.

Sondhi™ Educational Videos

Sondhi™ TMD Examination* 6600-340
Orthodontic Consultations* 6600-335
Indirect Bonding Technique* 6600-330

** VHS/NTSC. Also available in PAL and SECAM formats*

Sondhi™ Rapid-Set Indirect Bonding Adhesive

Sondhi Rapid-Set Indirect Adhesive Kit w/Technique Video

1 10ml bottle Resin A
1 10ml bottle Resin B
2 Brush Holders (1 orange, 1 white)
60 Brush Tips
1 2-cavity Dispensing Well
1 VCR Tape (6600-330)

712-071

(For kit without video tape, order part #712-070. Other items can be ordered separately.)

3M

3M Unitek
Dental Products Division
2724 South Peck Road
Monrovia, CA 91016
www.3M.com/Unitek

In U.S. and Puerto Rico: 1-800-423-4588 • 626-574-4000
In Canada: 1-800-443-1661
Technical Helpline: 1-800-265-1943 • 626-574-4475
CE Hotline: 1-800-852-1990 x 4649 • 626-574-4649
Outside these areas, contact your local representative.

Printed on 50% recycled waste paper, including 10% post-consumer waste paper.

APC, Mini Uni-Twin, Sondhi and Victory Series are trademarks of 3M Unitek Corporation.
©2001 3M Unitek Corporation 016-924 0101