

# 3M Automotive Aftermarket Respiratory Compliance Programs

*The Only Officially Licensed  
Respiratory Products of NASCAR*



Helping you meet OSHA requirements



# 3M Offers An Easy-To-Use Approach For Your Respiratory Compliance Programs

**OSHA regulation 1910.134 requires employers to provide medical evaluations, respirator training, and fit testing for all employees who are required to wear a respirator. 3M can help assist you in meeting these requirements.**

3M provides respirator medical evaluation services to help you meet OSHA requirements. The Respirator Medical Evaluation questionnaire may be used for all brands and types of respirators.

3M offers two ways to complete the Respirator Medical Evaluation: Mail-In or On-Line at

www.respexam.com. Or, you can call the 3M Occupational Health and Environmental Safety Division "Fax On Demand" service at 1-800-646-1655. The document identification number is 12016. A "Mail-In Respirator Medical Evaluation Request Form" will be faxed to you immediately.

Both the employer and employee will receive notification of respirator use status after test completion.

**(See back page for OSHA's Respirator Protection Standard 1910.134 Requirements)**

## Mail-In Respirator Medical Evaluation Order Form

Company \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_ Zip \_\_\_\_\_

Contact \_\_\_\_\_ Phone (\_\_\_\_) \_\_\_\_\_

**Which category best describes your company?**

- Abatement     Hospital     Marine/RV     Utilities  
 Auto Body Repair     Industrial/Manufacturing     Painting Contractor     Other \_\_\_\_\_

**Number of questionnaires at \$35 each:**

\_\_\_\_ English    \_\_\_\_ Spanish

Total number of questionnaires \_\_\_\_ x \$35 = \$\_\_\_\_\_

**Tax:** Sales tax will be added to your order if your company is located in HI, MS, NM or SD.

**Send results via:**

- E-mail to \_\_\_\_\_  
 FAX to (\_\_\_\_\_) \_\_\_\_\_

If no e-mail or fax available, results will be mailed first class to the contact information provided above.

**Payment Method:**

**Credit Card:**

- Visa     MasterCard     American Express

Card Number \_\_\_\_\_

Expiration Date \_\_\_\_\_

Billing Name and Address:

\_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

Authorized Signature: \_\_\_\_\_

**Electronic Funds Transfer:**

- Personal checking     Business checking

Bank Routing Number (1) \_\_\_\_\_

Bank Account Number (2) \_\_\_\_\_

**Send this form to 3M via FAX to 1-877-609-3832 or mail it to:  
 3M Health and Safety Services  
 219 SE Main St., Suite 306  
 Minneapolis, MN 55414**

QuickPay Customer QuickPay Customer Address		_____ 80 _____
Pay to the Order of _____		\$ [ ]
<i>Void</i>		<i>Dillards</i>
Your Financial Institutions Address of Financial Institutions		_____
for _____		_____
⑆ 23456789⑆ 000 23456789⑆ 100 1		
1	2	



# 3M™ e-Tools May Provide Effective Solutions For Respiratory Compliance



Visit our Web site at [www.3M.com/automotive](http://www.3M.com/automotive)

3M's e-Tools can be a helpful resource for your health and safety needs. The On-Line or Mail-In Respirator Medical Evaluation Service can be used to help you determine the respirator use status of your employees. On-Line Respiratory Protection e-Training offers specific information on certain 3M respirators based on the contaminant and exposure levels that you have identified.

## On-Line Ordering Information

### On-Line Respirator Medical Evaluation

The OSHA Respiratory Protection Standard 29 CFR 1910.134 mandates that, among other things, employees required to use a respirator successfully complete a respirator medical evaluation prior to wearing a respirator. On-Line or Mail-In Respirator Medical Evaluations provide you with a low cost, convenient and easy to use method to help comply with these regulations.

The 3M Respirator Medical Evaluation Registration is found in the "Safety" section of the Web site. Please complete the requested information.

**Cost is \$25.00 per employee. To place your order On-Line, please use a purchase order or credit card.**

**For more information about ordering On-Line, please call 1-800-383-3393 and ask for 3M Health and Safety Services or visit [www.respexam.com](http://www.respexam.com)**

### On-Line Respiratory Protection e-Training

This is a simple and cost-effective way to help complete respiratory protection training.

- Training is customized to your location, application and respirator, reducing the amount of time spent supplementing more generic training sessions.
- Based on field testing, the average time to complete training is 25-65 minutes, depending on the type of respirator used.
- Training is consistent; workers are presented with the same information the same way every time, eliminating variability between instructors and simplifying respiratory protection training.
- On-Line training is available 24 hours a day, 365 days a year, simplifying scheduling for employees who work outside normal business hours or are unable to attend scheduled class dates.
- Certificate of completion is available to trained users.
- Access to employee training records, test results and training curriculum is available on-line, every day, any time.

**Cost is \$10.00 per employee. To place your order On-Line, please use a purchase order or credit card.**

# 3M™ Cartridge Changeout Program



3M can provide you with a cartridge changeout program to help you comply with OSHA requirements.

When you sign up for this program your distributor will deliver your replacement disposable respirators or

cartridges on a regular interval based on the changeout schedule you have established for your specific exposures.

Keep a copy of this cartridge changeout program in your OSHA compliance file.

Utilize the year at a glance calendar to remind your respirator wearers when their cartridges need to be replaced.

For more information, contact your 3M representative.

## OSHA's Respirator Protection Standard 1910.134 Requirements\*

In any workplace where respirators are necessary to help protect the health and safety of the employee or whenever respirators are required by the employer, the employer shall establish and implement a written respiratory protection program with worksite-specific procedures. The program shall be updated as necessary to reflect those changes in workplace conditions that affect respirator use. The employer shall include in the program the following provisions of OSHA standard 1910.134:

1. Procedures for selecting respirators for use in the workplace;
2. Medical evaluations of employees required to use respirators;
3. Fit testing procedures for tight-fitting respirators;
4. Procedures for proper use of respirators in routine and reasonably foreseeable emergency situations;
5. Procedures and schedules for cleaning, disinfecting, storing, inspecting, repairing, discarding, and otherwise maintaining respirators;
6. Procedures to ensure adequate air quality, quantity, and flow of breathing air for atmosphere-supplying respirators;
7. Training of employees in the respiratory hazards to which they are potentially exposed during routine and emergency situations;
8. Training of employees in the proper use of respirators, including putting them on and removing them, any limitations on their use, and their maintenance; and
9. Procedures for regularly evaluating the effectiveness of the program.

The employer shall designate a program administrator who is qualified by appropriate training or experience that is commensurate with the complexity of the program to administer or oversee the respiratory protection program and conduct the required evaluations of program effectiveness.

\* 29 CFR Part 1910.134(c). Requirements of a respirator program.

## 3M™ Organic Vapor Monitor with Prepaid Analysis

Organic vapor monitors are used to determine exposure levels to vapors in mixing and paint operations. Place on the painter, in a spray booth or in the mixing room for the duration of a work day. Return exposed monitors to 3M for prepaid analysis. The results can be used in conjunction with the 3M™ Service Life Calculator to assist you in developing a customized cartridge

changeout schedule for your facility. 3M's Service Life Calculator is available free at [www.3M.com/occsafety](http://www.3M.com/occsafety). For assistance, call 3M Technical Service at 1-800-243-4630.



### Ordering Information

Product No.	Case Qty.
37023	1
3510	5

## 3M Worldwide, World Class

3M develops, manufactures and markets over 50,000 different consumer, commercial, industrial and health care products. We have manufacturing operations in 60 countries and do business in more than 200 countries. 3M can help you achieve corporate goals, meet and exceed government standards, simplify and improve the lives of your employees, and contribute to a safe, healthy and sustainable work environment.

### For more information

Technical Assistance  
1-800-243-4630  
Sales Assistance  
1-877-666-2277  
General Assistance  
1-800-3M HELPS  
Internet  
[www.3M.com/automotive](http://www.3M.com/automotive)



### Automotive Aftermarket Division

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