

# 1

## COLOUR IS THE NEW BLACK

Choose the colours for your great escape. You can choose as many colours as you want. But monochrome is nicest...

# 2

## DO A LITTLE WARM UP

Rub your hands (totally useless) and start with two folds per Post-it® Note.

Sticky  
side  
under

### 1

Fold the  
bottom  
right  
corner  
just like  
this

### 2

Fold a  
bit  
before

## 3 MOVE IT MOVE IT

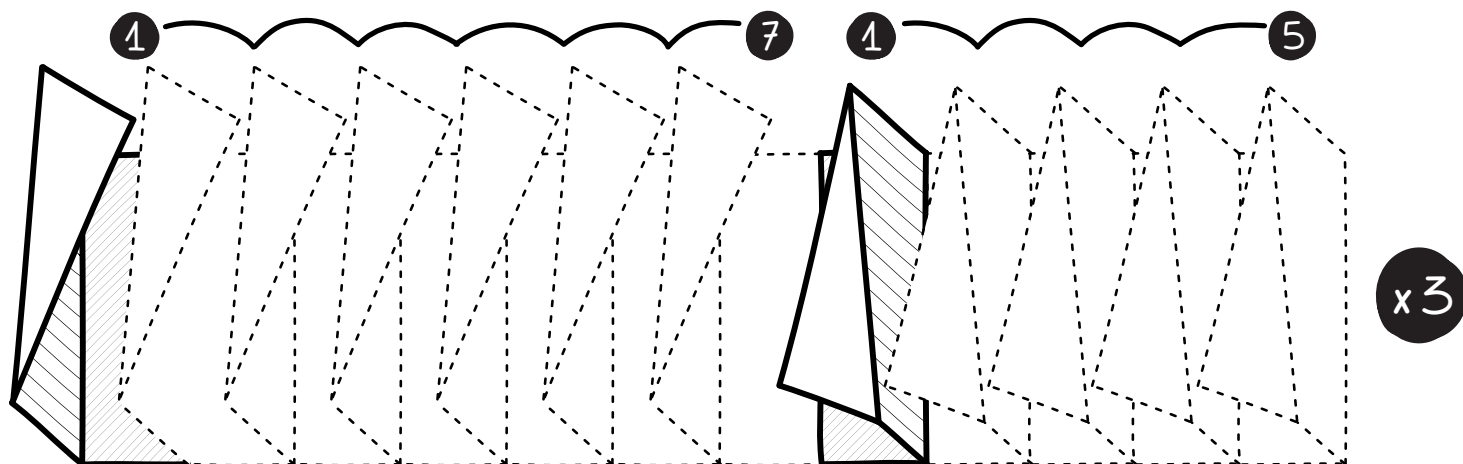
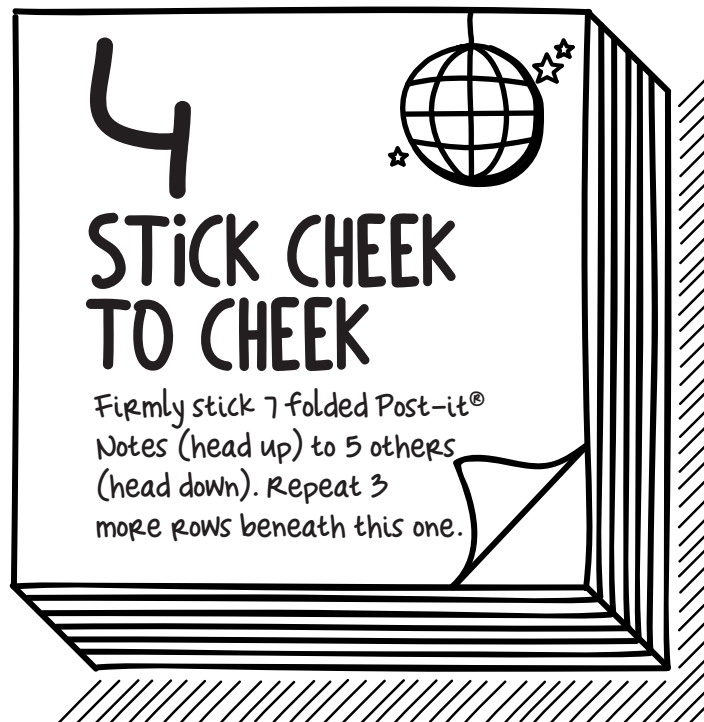
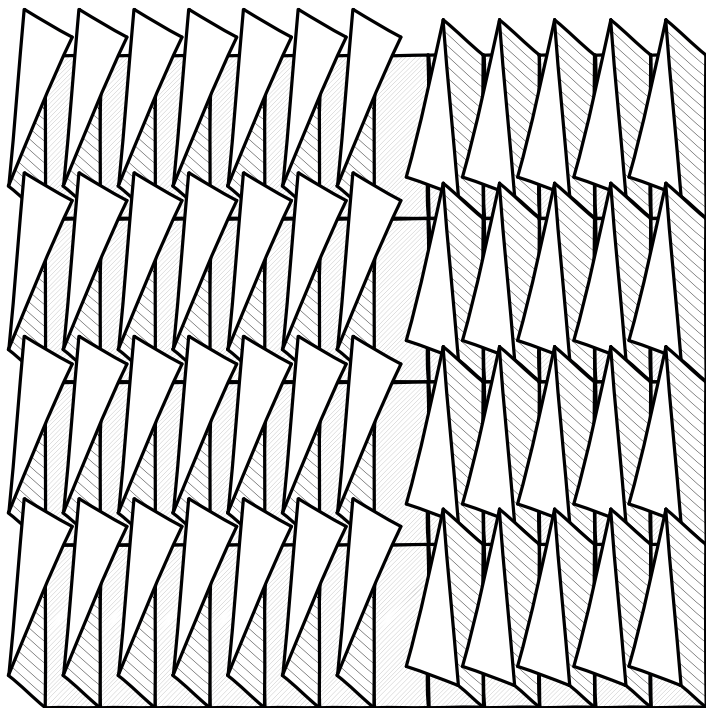
Two different ways to move your Post-it® Notes. Head up or head down. You can add some music and dance a bit. But just a bit please!



down

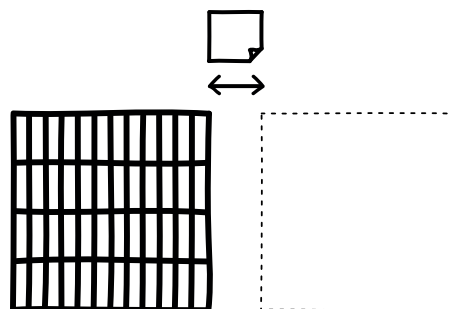
up

## PATTERN 1

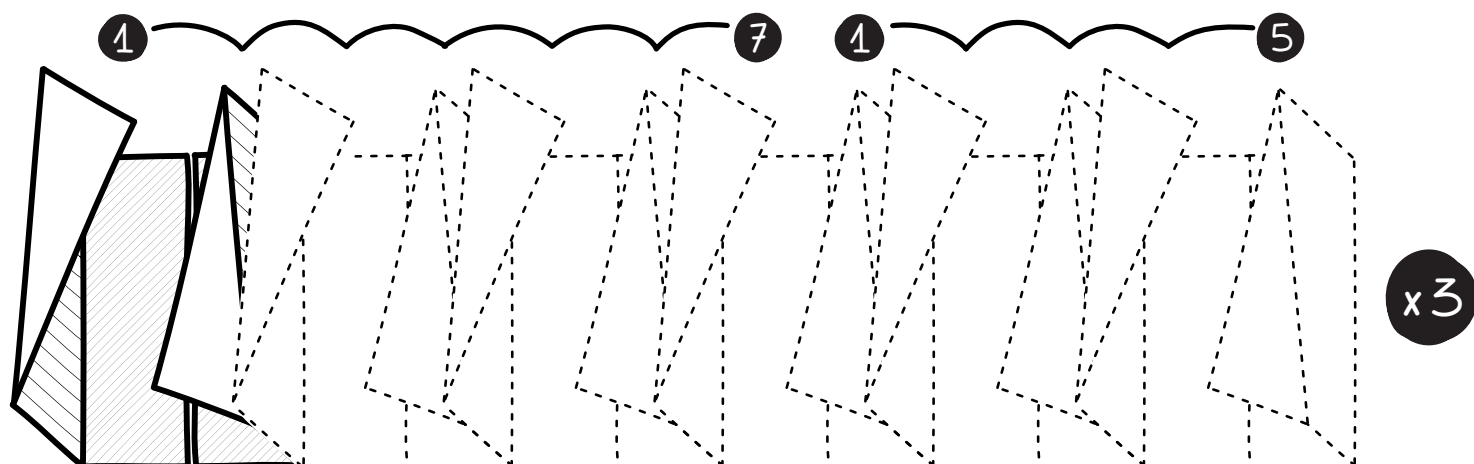
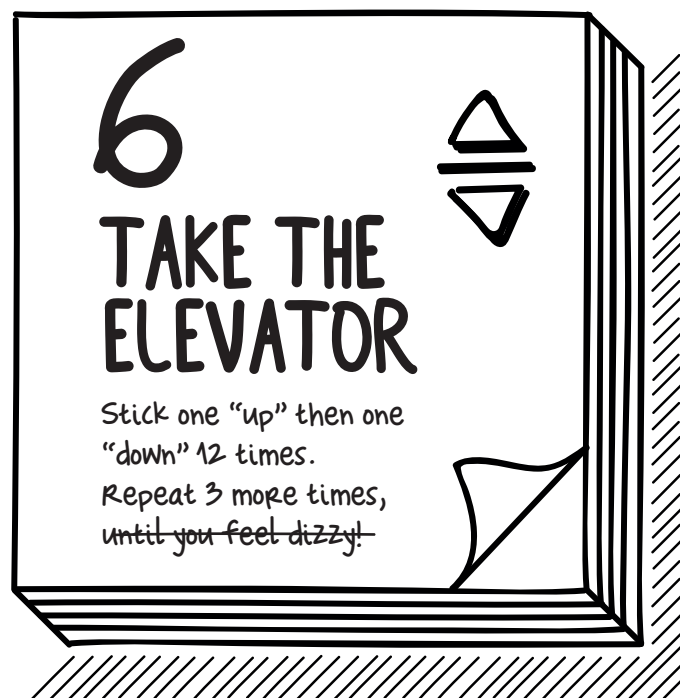
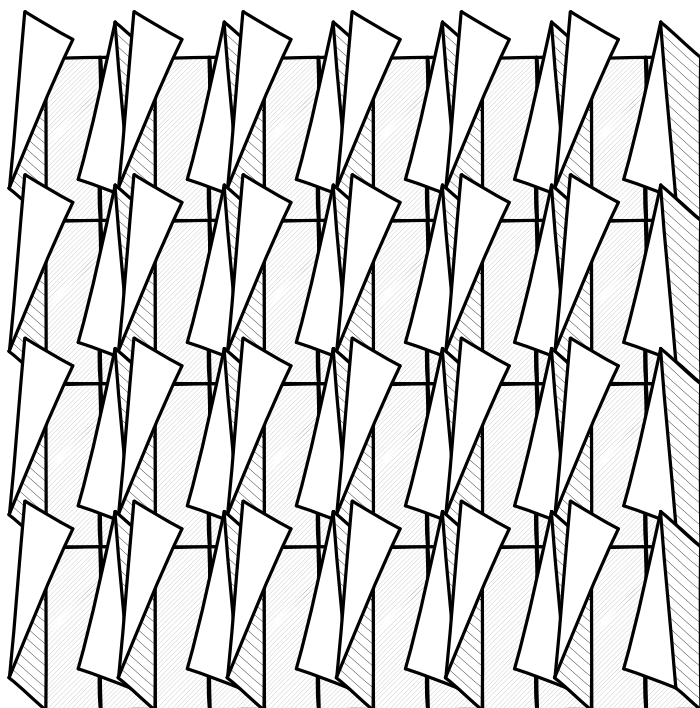


## 5 INHALE BEFORE THE NEXT ONE

Remember to space out each of your awesome creations with a non folded Post-it® Note.

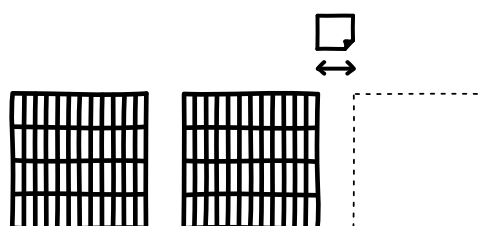


## PATTERN 2



## 7 TAKE YOUR BREATH AWAY

Watch in slow motion as your  
awesome creation...  
ready for the next pattern?



## PATTERN 3

