Powerful combination for the long run.

Peridex™ Chlorhexidine Gluconate 0.12% Oral Rinse

PerioMed™ 0.63% Stannous Fluoride Oral Rinse Concentrate
Chronic inflammation and bleeding can be indicators of gingivitis or even more severe oral health issues. These infections require professional treatment to reverse the disease and prevent it from recurring.

Peridex™ Chlorhexidine Gluconate 0.12% Oral Rinse

Peridex™ is an effective oral rinse indicated for use between dental visits as part of a professional program for the treatment of gingivitis as characterized by redness and swelling of the gingiva, including gingival bleeding upon probing. Supported by more than 20 years of clinical proof, Peridex oral rinse:

- provides antimicrobial activity during oral rinsing
- reduces certain aerobic and anaerobic bacteria from 54–97% through six months of use
- reduces gingival inflammation and bleeding between dental visits, including those for operative procedures
- shows no significant changes in bacterial resistance or adverse changes in the oral microbial ecosystem
- has a 2-year shelf life

PerioMed™ 0.63% Stannous Fluoride Oral Rinse Concentrate

Follow up with PerioMed™ oral rinse for long-term gingival maintenance therapy. A proven aid to help control plaque bacteria, PerioMed oral rinse:

- is a second-generation anti-microbial
- is a non-alcohol formula
- costs about the same as the leading OTC mouthwashes¹
- is available in Mint and Tropical Fruit flavors

Some oral rinses, including these, may cause enamel discoloration. Advise your patients that this discoloration will be more pronounced in areas with heavier accumulations of plaque and can be minimized by brushing and flossing daily. Discoloration can be removed from most tooth surfaces with prophylaxis treatment.

The benefits of these time-tested, clinically proven medications are clear. Start your patients on Peridex chlorhexidine gluconate 0.12% oral rinse and follow up with PerioMed 0.63% stannous fluoride oral rinse ... a powerful combination for long-term oral care.

The clinical significance of Peridex oral rinse’s antimicrobial activities is not clear. Three months after Peridex oral rinse use was discontinued, the number of bacteria in plaque had returned to baseline levels and resistance of plaque bacteria to chlorhexidine gluconate was equal to that at baseline. Clinical effectiveness and safety of Peridex oral rinse has not been established in children under age 18.

Peridex oral rinse is indicated for use between dental visits as part of a professional program for the treatment of gingivitis. Patients with a known sensitivity to chlorhexidine gluconate should not use Peridex oral rinse. The effect of Peridex oral rinse on periodontitis has not been determined. Common side effects associated with the use of Peridex oral rinse include an increase in the staining of oral surfaces, an increase in calculus formation and an alteration in taste perception. Please see back page for full prescribing information.

¹. Data on file.
Proven Effective.

Peridex™ Chlorhexidine Gluconate 0.12% Oral Rinse is available in 4oz, 16oz and 64oz sizes.

PerioMed™ 0.63% Stannous Fluoride Oral Rinse Concentrate is available in Mint and Tropical Fruit Flavors.

**Ordering Information**

<table>
<thead>
<tr>
<th>Item #</th>
<th>Product Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>12134</td>
<td>Peridex™ Chlorhexidine Gluconate 0.12% Oral Rinse — 4 oz bottle (48 bottles/case)</td>
</tr>
<tr>
<td>12132</td>
<td>Peridex™ Chlorhexidine Gluconate 0.12% Oral Rinse — 16 oz bottle (12 bottles/case)</td>
</tr>
<tr>
<td>12133</td>
<td>Peridex™ Chlorhexidine Gluconate 0.12% Oral Rinse — 64 oz bottle (4 bottles/case)</td>
</tr>
<tr>
<td>12105M</td>
<td>PerioMed™ 0.63% Stannous Fluoride Oral Rinse Concentrate — Mint Flavor — 10 oz bottle with pump (24 bottles/case)</td>
</tr>
<tr>
<td>12105F</td>
<td>PerioMed™ 0.63% Stannous Fluoride Oral Rinse Concentrate — Tropical Fruit Flavor — 10 oz bottle with pump (24 bottles/case)</td>
</tr>
<tr>
<td>12105SM</td>
<td>PerioMed™ 0.63% Stannous Fluoride Oral Rinse Concentrate — Mint Flavor — 2.75 oz bottle with mixing cup (24 bottles/case)</td>
</tr>
</tbody>
</table>
INDICATION: Peridex™ Chlorhexidine Gluconate 0.12% Oral Rinse is indicated for use between dental visits as part of a professional program for the treatment of gingivitis as characterized by redness and swelling of the gingiva, including gingival bleeding upon probing. Peridex oral rinse has not been tested among patients with acute necrotizing ulcerative gingivitis (ANGU). For patients having coexisting gingivitis and periodontitis, see PRECAUTIONS.

DESCRIPTION: Peridex oral rinse is an oral rinse containing 0.12% chlorhexidine gluconate (1, 1-hexamethylene bis [5-p-chlorophenyl] biguanide) in a base containing water, 11.0% alcohol, glycerin, PEG-40 sorbitan disostearate, flavor, sodium saccharin, and FD&C Blue No. 1. Peridex oral rinse is a near-neutral solution (pH range 5-7). Chlorhexidine gluconate is a salt of chlorhexidine and gluconic acid. The chemical structure of chlorhexidine gluconate is:

\[
\text{CH}_3\text{CH} = \text{CH}_2\text{CH}_2\text{OH} \quad \text{CH}_2\text{OH} \quad \text{COO}^+\text{-CH}\text{CH}=\text{N}-\text{CH}_2\text{COO}^-
\]

CLINICAL PHARMACOLOGY: Peridex oral rinse provides antimicrobial activity during oral rinsing. The clinical significance of Peridex oral rinse’s antimicrobial activities is not clear. Microbiological sampling of plaque has shown a general reduction of counts of certain assayd bacteria, both aerobic and anaerobic, ranging from 54-97% through six months use. Use of Peridex oral rinse in a six month clinical study did not result in any significant changes in bacteria resistance, overgrowth of potentially opportunistic organisms or other adverse changes in the oral microbial ecosystem. Three months after use was discontinued, the number of bacteria in plaque had returned to baseline levels and resistance of plaque bacteria to chlorhexidine gluconate was equal to that at baseline.

PHARMACOKINETICS: Pharmacokinetic studies with Peridex oral rinse indicate approximately 30% of the active ingredient, chlorhexidine gluconate, is retained in the oral cavity following rinsing. This retained drug is slowly released into the oral fluids. Studies conducted on human subjects showed chlorhexidine gluconate is rapidly absorbed in the gastrointestinal tract. The mean plasma level of chlorhexidine gluconate reached a peak of 0.020 μg/g in humans 30 minutes after they ingested a 300-mg dose of the drug. Detectable levels of chlorhexidine gluconate were not present in the plasma of these subjects 12 hours after the compound was administered. Excretion of chlorhexidine gluconate occurred primarily through the feces (~90%). Less than 1% of the chlorhexidine gluconate ingested by these subjects was excreted in the urine.

CONTRAINDICATIONS: Peridex oral rinse should not be used by persons who are known to be hypersensitive to chlorhexidine gluconate or other formula ingredients.

WARNINGS: The effect of Peridex oral rinse on periodontitis has not been determined. An increase in supragingival calculus was noted in controlled clinical testing in Peridex oral rinse users compared with control users. It is not known if Peridex oral rinse use results in an increase in subgingival calculus. Calculus deposits should be removed by a dental prophylaxis at intervals no longer than six months. Recommended use is twice daily oral rinsing for 30 seconds, morning and evening after toothbrushing. Usual dosage is 15 ml (marked in cap) or undiluted use of Peridex oral rinse. Patients should be instructed to not rinse with or between mouthwashes, brush teeth or eat immediately after using Peridex oral rinse. Peridex oral rinse is intended for ingestion and should be expected after rinsing.

HOW SUPPLIED: Peridex oral rinse is supplied as a blue liquid in the following sizes:
- 0.5 fluid ounce (15 ml) (NDC 48878-0620-4) amber plastic bottle with child-resistant dispensing closure
- 4 fluid ounce (118 ml) (NDC 48878-0620-3) amber plastic bottles with child-resistant dispensing closure
- 1 gallon (3785 ml) (NDC 48878-0620-1) white plastic bottle with child-resistant dispensing closure
- 64 fluid ounce (1893 ml) (NDC 48878-0620-2) white plastic bottle with pump dispensing closure

WHAT TO EXPECT WHEN USING PERIDEX (CHLORHEXIDINE GLUCONATE 0.12%) ORAL RINSE: Your dentist has prescribed Peridex (Chlorhexidine Gluconate 0.12%) Oral Rinse to treat your gingivitis, to help reduce the redness and swelling of your gums, and also to help you control any gum bleeding. Use Peridex regularly, as directed by your dentist, in addition to daily brushing. Do not rinse with or between mouthwashes, brush teeth or eat immediately after rinsing Peridex.

5. If you develop allergic symptoms such as skin rash, itch, generalized swelling, breathing difficulties, tight headedness, rapid heart rate, upset stomach or diarrhea, seek medical attention immediately. Peridex should not be used by persons who have a sensitivity to it or its components.

Peridex may cause some tooth discoloration or increase in tartar (calculus) formation, particularly in areas where stain and tartar usually form. It is important to see your dentist for removal of any stain or tartar at least every six months or more frequently if your dentist advises.

Both stain and tartar can be removed by your dentist or hygienist. Peridex may cause permanent discoloration of some front-tooth fillings.

To minimize discoloration, use Peridex just before brushing or flossing. Do not use Peridex immediately before or after eating.

If you have any questions or comments about Peridex, contact your dentist or pharmacist, or 3M ESPE Dental Products toll free at 1-800-634-2249. Call your healthcare provider for medical advice about side effects. You may report side effects to FDA at 1-800-FDA-1088.

STORAGE at 20°C to 25°C (68°F to 77°F), excursions permitted to 15°C to 30°C (59°F to 86°F) [See USP controlled room temperature].

KEEP OUT OF REACH OF CHILDREN
Made in U.S.A. for: 3M ESPE
Dental Products
2510 Conway Avenue
St. Paul, MN 55144-1000 U.S.A.

Rx only

3M Oral Care
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